

CURRICULUM VITAE

Prof. Dr. Tania Singer

Scientific Head

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Academic Positions

since 2019	Scientific Head, Social Neuroscience Lab, Max Planck Society, Berlin, Germany
2020 – 2022	Guest Researcher, Charité - Universitaetsmedizin Berlin, Germany
2011 – 2019	Honorary Professor, Psychology Department, Faculty of Life Sciences, Humboldt-Universität zu Berlin, Germany
2011 – 2019	Honorary Professor for Social Neurosciences, Faculty of Biosciences, Pharmacy and Biology, University of Leipzig, Germany
since 2011	Honorary Research Fellow, Laboratory for Social and Neural Systems Research, University of Zurich, Switzerland
2010 – 2018	Director, Department of Social Neuroscience, Max Planck Institute for Human Cognitive and Brain Sciences, Leipzig, Germany
2010	Visiting Professor, La Sapienza University Rome, Italy
2008 – 2010	Inaugural Chair of Social Neuroscience and Neuroeconomics, University of Zurich, Switzerland
2008	Visiting Professor, La Sapienza University Rome, Italy
2007 – 2010	Co-Director, Laboratory for Social and Neural Systems Research, University of Zurich, Switzerland
2006 – 2008	Assistant Professor of Social Neuroscience and Neuroeconomics, University of Zurich, Switzerland
2005 – 2006	Research Fellow, Institute of Cognitive Neuroscience, London, United Kingdom. Principal Investigator: Prof. Uta Frith
2003 – 2005	Research Fellow, Wellcome Department of Imaging Neuroscience, London, United Kingdom. Principal Investigator: Prof. Chris Frith
2002 – 2003	Visiting Fellow, Wellcome Department of Imaging Neuroscience, London, United Kingdom
2000 – 2002	Research Scientist, Max Planck Institute for Human Development, Center for Lifespan Psychology, Berlin, Germany
1996 – 2000	Predocctoral Research Fellow, Max Planck Institute for Human Development, Berlin, Germany

Education and Training

2000	Ph.D. (" <i>summa cum laude</i> ") in Psychology, Free University of Berlin, Germany
1996	M.Sc. [Diplom] in Psychology, Technical University of Berlin, Germany

1992 B.Sc. [Vordiplom] in Psychology, Philipp University Marburg, Germany

Grants & Funding

2020 Grant of Berlin University Alliance (BUA) Pandemic Special Call on research project "CovSocial: App-based online-monitoring of social cohesion and mental health during SARS-CoV2-pandemic", in cooperation with Mazda Adli, Sonja Entringer, Christine Heim, Manuel Voelkle, Elisabeth Binder and Felix Blankenburg, (EUR 100,000)

2014 – 2018 Grant of Bundesministerium für Bildung und Forschung (BMBF), Bonn, Germany, on Research project P4 ("Modulatory effects of oxytocin treatment on higher-order social cognition in ASD", Co-PIs Philipp Kanske, Sören Krach, Frieder Paulus) of the ASD-net ("Autism Spectrum Disorder across the lifespan: From a better etiological understanding, through valid diagnosis, to more effective health care"; EUR 354,517)

2013 – 2017 Grant from the Institute for New Economic Thinking (INET) on "From homo economicus towards caring economics" together with Prof. Dr. Dennis Snower, New York, NY, USA (EUR 784,440)

2010 – 2011 Grant from the National Centre of Competence in Research (NCCR) on Neural Plasticity and Repair, Zurich, Switzerland (CHF 25,000)

2009 – 2012 Grant from the Foundation for Scientific Research of the University of Zurich, Switzerland (CHF 13,000)

2009 – 2010 Grant from the National Centre of Competence in Research (NCCR) on Neural Plasticity and Repair, Zurich, Switzerland (CHF 75,000)

2008 – 2014 Starting Grant from the European Research Council (ERC; EUR 1,500,000)

2008 – 2010 Grant from the Betty and David Koetser Foundation for Brain Research, Zurich, Switzerland (CHF 146,475)

2008 – 2010 Grant from the Neuroscience Center Zurich (ZNZ), Switzerland (CHF 142,800)

2008 – 2011 Grant from the Swiss National Science Foundation (SNF; CHF 296,000)

2007 – 2011 Grant from the National Centre of Competence in Research (NCCR) on Neural Plasticity and Repair, Zurich, Switzerland (CHF 196,666)

2007 – 2010 Grant from the National Centre of Competence in Research (NCCR) for the Affective Sciences, Geneva, Switzerland (CHF 140,000)

2004 Grant for a Novartis Symposium "Empathy and Fairness: Neuronal, Psychological and Developmental Basis" by Singer, Blakemore, Frith, and Frith; held in October, 2005, London, United Kingdom

2003 – 2005 Grant from the German Academy of Sciences Leopoldina, Halle, Germany

Awards & Rankings

2023 ranked among the top 1200 Scientists worldwide and top 40 in Germany in the area of Psychology on Research.com

2022 ranked among the top 1000 Scientists worldwide and top 30 in Germany in the area of Psychology on Research.com

2022 Phillip Sandblom Stipend (20.000 SEK)

2021 "Danke Skulptur" (Thanks to sculpture) by Dr. Faraj Remmo

2018 Bellagio Center Residency, The Rockefeller Foundation, New York, NY, USA

2018	Spring 2018 Bogliasco Fellowship, The Bogliasco Foundation, New York, NY, USA
2018	elected by the German <i>ManagerMagazin</i> to be one of the 100 most influential women in economy
2016	elected by the German <i>ManagerMagazin</i> to be one of the 75 most influential women in economy
2015	elected by the German <i>ManagerMagazin</i> to be one of the 50 most influential women in economy
2001	Otto Hahn Medal of the Max Planck Society for best dissertation of the year 2000

Board, Fellow, and Scientific Committee Memberships

2022 – present	Board Member, Global Compassion Coalition, CA, USA
2021 – 2023	Scientific and Curriculum Advisor & Honorary Co-Founder of Humanize, Luxemburg
2021 – 2023	Scientific Advisor of Benevolently, Delaware, MD, USA
2021 – present	Member, T. Denny Sanford Institute for Empathy and Compassion, San Diego, CA, USA
2020 – present	Member, Interdisciplinary Forum Neurourbanistics, Berlin, Germany
2020 – present	Advisory Board, Vivir Agradecidos Foundation, Buenos Aires, Argentina
2019 – present	Ambassador Gemeinwohl Ökonomie (GWÖ), Austria
2018 – present	Honorary Board Member, Mind & Life Europe, Winterthur, Switzerland
2017 – present	Fellow, International Positive Psychology Association (IPPA), Melbourne, Australia
2015 – present	Honorary Membership, Österreichischer Bundesverband für Achtsamkeit/ Mindfulness (ÖBAM), Hellwang, Austria
2014 – 2018	Board Member, Mind & Life Europe, Winterthur, Switzerland
2014 – present	Advisory Group Member, European New Economics Research & Policy Network
2013 – present	Advisory Board Member, Human Mind Project, London, United Kingdom
2013 – present	Member, Young Academy of Europe (YAE), Europe
2012 – 2018	Board Member, Mind & Life Institute (MLI), Charlottesville, VA, USA
2012 – 2014	Member, European Advisory Committee, Mind & Life Europe, Winterthur, Switzerland
2011 – 2016	Member, European Initiative for Integrative Psychological Science, Association for Psychological Science (APS)
2011 – 2019	Board & Faculty Member, International Max Planck Research School on Neuroscience of Communication: Function, Structure and its Plasticity (IMPRS NeuroCom), Leipzig, Germany
2010 – 2011	Principal Investigator, Center for Integrative Life Sciences (CILS), Berlin
2010 – 2019	Faculty and Scientific Council Member, Berlin School of Mind and Brain
2010 – present	Member & Fellow, Association for Psychological Science (APS)
2010 – present	Fellow, Mind & Life Institute (MLI), Hadley, MA, USA
2009 – present	Advisory Board Member, Center for Compassion and Altruism Research and Education (CCARE), Stanford University School of Medicine, Stanford, CA, USA
2008 – present	Member, The New York Academy of Sciences (NYAS)
2006 – present	Associate Member, Institut Jean Nicod, Paris, France

2006 – present Associate, Swiss Centre for Affective Sciences, Geneva, Switzerland

Organization of Symposia, Conferences and Meetings

- 2022 Organizer and Host of the international symposium “Suffering and Flourishing during the Covid-19 Pandemic”, Berlin, Germany
- 2021 Planning Committee, 2022 European Neurophenomenology, Contemplative, and Embodied Cognition Network (ENCECON) Workshop, France
- 2019 Planning Committee, European Neurophenomenology, Contemplative, and Embodied Cognition Network (ENCECON) Workshop, Schloss Buchenau, Germany
- 2016 Co-Organizer of “Power and Care: A Mind & Life dialogue with H.H. the Dalai Lama”, Brussels, Belgium
- 2016 Co-Organizer of the workshop “The European neurophenomenology, contemplative, and embodied cognition network (ENCECON)”, Château de la Bourlie, France
- 2016 Co-Organizer of the symposium “Frontiers in cognitive neuroscience”, Max Planck Institute for Human Cognitive and Brain Sciences, Leipzig, Germany
- 2016 Co-Organizer of the symposium “Frontiers in computational neuroscience”, Max Planck Institute for Human Cognitive and Brain Sciences, Leipzig, Germany
- 2014 Organizer of the workshop “Cutting edge research on human development: Learning, social cognition, action, and emotion”, Max Planck Institute for Human Cognitive and Brain Sciences, Leipzig, Germany
- 2013 Co-Organizer of the “Mind & Life European symposium for contemplative studies”, Berlin, Germany
- 2012 Steering Committee Member of the 2012 International Symposia for Contemplative Studies, Denver, CO, USA
- 2011 Organizer of the workshop “How to train compassion”, Berlin, Germany
- 2010 Co-organizer of the Laboratory for Social and Neural Systems Research Opening Symposium, University of Zurich, Switzerland
- 2010 Co-organizer of the Mind & Life XX Meeting “Altruism and compassion in economic systems: A dialogue at the interface of economics, neuroscience and contemplative sciences”, Zurich, Switzerland (with H.H. the 14th Dalai Lama)
- 2008 Co-organizer of the international symposium “Foundations of human social behavior”, University of Zurich, Switzerland
- 2008 Chair of symposium “A common role of anterior insula in feelings, empathy, and risk?” Annual Meeting of the Cognitive Neuroscience Society (CNS), San Francisco, CA
- 2007 Chair (with Klaus Scherer) of invited symposium “New trends in affective and social sciences”, 10th Congress of the Swiss Society of Psychology, “Differences, Diversity, and Change”, Zurich, Switzerland
- 2007 Co-organizer of the NCCR Affective Sciences workshop “Empathy and prosocial behavior: Are they linked?”, Geneva, Switzerland, USA
- 2005 Co-organizer of an ICN symposium “Empathy and fairness”, Institute of Cognitive Neuroscience (ICN), London, United Kingdom
- 2005 Co-organizer of the Novartis symposium “Empathy and fairness”, London, United Kingdom
- 2005/06 Organizer of the “Social Club” series, Institute of Cognitive Neuroscience, London, United Kingdom
- 2002/03 Organizer of the “Brain meeting” series, Wellcome Department of Imaging Neuroscience, London, United Kingdom

Editorial Activities

Journal Editorial Board & Section Editing

2011 – 2017	Consulting Editor, <i>Emotion</i>
2009	Editorial Advisory Board Member, <i>The Year in Cognitive Neuroscience</i>
2008	Section Editor of the Special Section on Empathy, <i>Emotion</i> 8(6)
2008 – 2016	Consulting Editor, <i>Social Cognitive and Affective Neuroscience</i>
2006 – 2008	Associate Editor, <i>Social Cognitive and Affective Neuroscience</i>

Selected Media Coverage

Selected international media (TV and print)

La Libre, Le Point, ARTE, NBC TV, ABC TV, BBC News 24, BBC World Service, BBC Radio 4 and 5, London Broadcast, Financial Times, Huffington Post, Le Figaro, National Geographic, Neue Züricher Zeitung, New Scientist, San Francisco Chronicle, St. Galler Tagblatt, The Guardian, The New York Times, The Times, Tribune de Genève, Science Magazine, La Vie

German print media

Berliner Zeitung, Die ZEIT, Die WELT, Der Spiegel, Der Tagesspiegel, EMMA, ManagerMagazin, Frankfurter Allgemeine Zeitung, Frankfurter Rundschau, Gehirn und Geist, GEO, Handelsblatt, Leipziger Volkszeitung, Max Planck Journal, Psychologie Heute, National Geographic, Süddeutsche Zeitung, Thüringische Landeszeitung, Vogue, WirtschaftsWoche, moment by moment, TK Magazin

German TV Channels and Radio

*ARTE, BR-Alpha, 3sat, MDR, NDR, RBB, SF1, TSR1, ZDF
Deutschlandradio, ORF1, radio1*

Online media

FOCUS Online, heute.de, Huffington Post, New Scientist, Project Syndicate, Science Daily, Psychology Today, ZEIT Online

Research Interests

Social and affective neuroscience (social emotions such as empathy, compassion, brain plasticity, social decision-making, development of social cognition, psychopathology of the social brain)

Neuroeconomics, caring economics and cooperation research

Contemplative neuroscience, mental training, meditation and mindfulness research

Multi-method approach (functional and structural MRI, rt-fMRI, TMS, behavioral methods, hormonal and autonomic measures, game theoretical and neuroeconomic paradigms, subjective measures and phenomenology, virtual reality paradigms)

Publications

Books

- 11 **Singer, T.** (ed) (2022). *Das ReSource Projekt. Trainingshandbuch*. Berlin: Social Neuroscience Lab.
- 10 **Singer, T.** (ed) (2022). *Das CovSocial Project: Interventionsprotokoll*. Berlin: Social Neuroscience Lab.
- 9 **Singer, T.,** Koop, S. & Godara, M. (2021). *The CovSocial Project: How did the Berliners feel during Covid-19 pandemic?* Berlin: Social Neuroscience Lab.

- 8 Ricard, M., **Singer, T.**, & Karius, K. (Hgs.) (2019). *Die Macht der Fürsorge. Wissenschaft und Buddhismus in Dialog mit dem Dalai Lama*. KNAUR.LEBEN.
- 7 Ricard, M., **Singer, T.**, & Karius, K. (Hgs.) (2019). *Power and care. Toward balance for our common future – Science, society, and spirituality. In dialogue with the Dalai Lama*. Boston, MA: MIT Press.
- 6 Ricard, M., **Singer, T.**, & Karius, K. (2018). *Pouvoir et altruisme*. Paris: Allary Éditions.
- 5 **Singer, T.**, Kok, B. E., Bornemann, B., Zurborg, S., Bolz, M., & Bochow, C. (2016). *The ReSource Project: Background, design, samples, and measurements*. Max Planck Institute for Human Cognitive and Brain Sciences, Leipzig.
- 4 **Singer, T.**, & Ricard, M. (Hgs.) (2015). *Caring economics: Conversations on altruism and compassion, between scientists, economists, and the Dalai Lama (pp. 240)*. New York: Picador.
- 3 **Singer, T.**, & Ricard, M. (Hgs.) (2015). *Mitgefühl in der Wirtschaft. Ein bahnbrechender Forschungsbericht (pp. 255)*. München: Knaus.
- 2 **Singer, T.**, & Bolz, M. (Hgs.) (2013). *Compassion: Bridging practice and science*. Retrieved from <http://www.compassion-training.org>. Leipzig: Max Planck Institute for Human Cognitive and Brain Sciences.
- 1 **Singer, T.**, & Bolz, M. (Hgs.) (2013). *Mitgefühl: In Alltag und Forschung*. Retrieved from <http://www.compassion-training.org>. Leipzig: Max Planck Institute for Human Cognitive and Brain Sciences.

Articles in Refereed Journals

- 153 Silveira, S., Godara, M., Faschinger, A., & **Singer, T.** (2023). Reducing alexithymia and increasing interoceptive awareness: A randomized controlled trial comparing mindfulness with dyadic socio-emotional app-based practice. *Journal of Affective Disorders, 341*, 162-169.
- 152 Petzold, P., Silveira, S., Godara, M., Matthäus, H. & **Singer T.** (2023). Phenomenological fingerprints of app-based mental trainings: Differential changes in thought patterns and emotional well-being after mindfulness versus dyadic socio-emotional practice. *Scientific Reports, 13*(1), 13843.
- 151 Valk, S. L., Kanske, P., Park, B. Y., Hong, S. J., Böckler, A., Trautwein, F. M., ... & **Singer, T.** (2023). Functional and microstructural plasticity following social and interoceptive mental training. *Elife, 12*, e85188.
- 150 Silveira, J., Hecht, M., Voelkle, M. & **Singer, T.** (2023). Tend-and-befriend and rally around the flag effects during the COVID-19 pandemic: Differential longitudinal change patterns in multiple aspects of social cohesion. *European Journal of Social Psychology*.
- 149 Lantos, D., Costa, C., Briglia, M., Molenberghs, P., Kanske, P. & **Singer, T.** (2023). *Introducing the English EmpaToM task: A tool to assess empathy, compassion, and theory of mind in fMRI studies. NeuroImage: Reports, 3*(3), 100180
- 148 Silveira, J., Godara, M., & **Singer, T.** (2023). Boosting empathy and compassion through mindfulness-based and socio-emotional dyadic practice: A randomized control trial with app-delivered trainings. *Journal of Medical Internet Research, 25*, e45027.
- 147 Liebmann, C., Konrad, A., **Singer, T.** & Kanske P. (2023). Differential reduction of psychological distress by three different types of meditation-based mental training programs: A randomized clinical trial. *International Journal of Clinical and Health Psychology, 23*, 100388.
- 146 Godara, M., Rademacher J., Hecht, M., Silveira, S., Voelkle, M. & **Singer, T.** (2023). Heterogeneous Mental Health responses to the Covid-19 pandemic in Germany: An examination of long-term trajectories, risk factors, and vulnerable groups. *Healthcare (11)*, 1305.

- 145 Degering, M., Linz, R., Puhlmann, L. M., **Singer, T.**, & Engert, V. (2023). Revisiting the stress recovery hypothesis: Differential associations of cortisol stress reactivity and recovery after acute psychosocial stress with markers of long-term stress and health. *Brain, Behavior, & Immunity-Health*, 100598.
- 144 Engert, V., Hoehne, K., & **Singer, T.** (2023). Specific Reduction in the Cortisol Awakening Response after Socio-Affective Mental Training. *Mindfulness*, 1-14.
- 143 Timmermann, C., Bauer, P. R., Gosseries, O., Vanhaudenhuyse, A., Vollenweider, F., Laureys, S., ..., **Singer, T.**, ... & Lutz, A. (2022). A neurophenomenological approach to non-ordinary states of consciousness: hypnosis, meditation, and psychedelics. *Trends in cognitive sciences*.
- 142 Blasberg, J., Kanske, P., Böckler, A., Trauwein, F-M, **Singer, T.** & Engert, V. (2022). Associations of social processing abilities with psychosocial stress sensitivity. *Comprehensive Psychoneuroendocrinology*. doi: 10.1016/j.cpnec.2022.100159
- 141 Godara, M., Silveira, S., Matthäus H., & **Singer T.** (2022). The Wither or Thrive Model of Resilience: An integrative framework of dynamic vulnerability and resilience in the face of repeated stressors during the COVID-19 Pandemic. *Journal of Adversity & Resilience Science*. 1-22.
- 140 Linz, R., Puhlmann, L. M., Engert, V., & **Singer, T.** (2022). Investigating the impact of distinct contemplative mental trainings on daily life stress, thoughts and affect – evidence from a nine-month longitudinal ecological momentary assessment study. *Psychoneuroendocrinology*. 105800. doi: 10.1016/j.psyneuen.2022.105800
- 139 Hoehne, K., Vrticka, P., Engert, V. & **Singer, T.** (2022). Plasma oxytocin is modulated by mental training, but does not mediate its stress-buffering effect. *Psychoneuroendocrinology*, 105734.
- 138 Silveira, S. J., Hecht, M., Matthäus, H., Adli, M., Voelkle, M. C. & **Singer, T.** (2022). Coping with the COVID-19 Pandemic: Perceived Changes in Psychological Vulnerability, Resilience and Social Cohesion before, during and after Lockdown. *International Journal of Environmental Research and Public Health*, 19(6).
- 137 Silveira, S. J., Hecht, M., Adli, M., Voelkle, M. & **Singer, T.** (2022) Exploring the Structure and Interrelations of Time-Stable Psychological Resilience, Psychological Vulnerability, and Social Cohesion. *Frontiers in Psychiatry*.
- 136 Godara, M., Silveira, S., Matthäus, H., Heim, C., Voelkle, M., Hecht, M., Binder, E., & **Singer, T.** (2021). Investigating differential effects of socio-emotional and mindfulness-based online interventions on mental health, resilience and social capacities during the COVID-19 pandemic: The study protocol. *PlosOne*. doi: 10.1371/journal.pone.0256323
- 135 Böckler-Raettig, A. & **Singer T.** (2021). Longitudinal Evidence for Differential Plasticity of Cognitive Functions: Mindfulness-based mental training enhances working memory, but not perceptual discrimination, response inhibition and metacognition. *Journal of Experimental Psychology: General*.
- 134 Mayer, A.; Preckel, K.; Ihle, K.; Piecha, F.; Junghanns, K.; Reiche, S.; Rademacher, L.; Müller-Pinzler, L.; Stolz, D.; Kamp-Becker, I., ..., **Singer, T.**, ..., & Krach, S. (2021). Assessment of reward-related brain function after a single-dose of oxytocin in autism: a randomized controlled trial. *Biological Psychiatry*.
- 133 Puhlmann, L.M.C., Vrticka, P., Linz, Stalder, T., Kirschbaum, C., Engert V. & **Singer, T.** (2021). Contemplative mental training reduces hairglucocorticoid levels in a randomized clinical trial. *Psychosomatic Medicine*. 83(8). 495-905. doi: 10.1097/PSY.0000000000000970

- 132 Hoffmann, F.; Grosse Wiesmann, C.; **Singer, T.**; Steinbeis, N. (2021). Development of functional network architecture explains changes in children's altruistically motivated helping. *Developmental Science*. e13167. doi: 10.1111/desc.13167.
- 131 Puhlmann, L. M., Linz, R., Valk, S. L.; Vrticka, P., Vos de Wael, R., Bernasconi, A., Bernasconi, N.; Caldairou, B., Papassotiriou, I., Chrousos, G. P., Bernhardt, B.C., **Singer, T.** & Engert, V. (2021). Association between hippocampal structure and serum Brain-Derived Neurotrophic Factor (BDNF) in healthy adults: A registered report. *NeuroImage*, 236, 118011
- 130 Favre, P., Kanske, P., Engen, H. & **Singer, T.** (2021). Decreased emotional reactivity after 3-month socio-affective but not attention- or meta-cognitive-based mental training: A randomized, controlled, longitudinal fMRI study. *NeuroImage*, 237. 118132. doi: 10.1016/j.neuroimage.2021.118132
- 129 Chierchia, G., Parianen Lesemann, F. H., Snower, D. & **Singer T.** (2021) Cooperation across multiple game theoretical paradigms is increased by fear more than anger in selfish individuals. *Scientific Reports*. 11:9351. doi: 10.1038/s41598-021-88663-0
- 128 Chierchia, G., Przyrembel, M., Parianen Lesemann, F. H., Bosworth, S., Snower, D., & **Singer, T.** (2021). Navigating Motivation: A Semantic and Subjective Atlas of 7 Motives. *Frontiers in Psychology*. doi:10.3389/fpsyg.2020.568064.
- 127 Tholen, M.G., Trautwein, F.-M., Böckler, A., Kanske, P. & **Singer, T.** (2020). fMRI item analysis of empathy and theory of mind. *HBM*, 41(10), 2611-2628. doi: 10.1002/hbm.24966.
- 126 Grosse Wiesmann, C., Friederici, A.D., Steinbeis, N., & **Singer, T.** (2020). Two different systems for thinking about other people's thoughts in the developing brain. *Proceedings of the National Academy of Sciences*, 117(12), 6928-6935.
- 125 Trautwein, F., Kanske P., Böckler-Raettig, A. & **Singer, T.** (2020). Differential Benefits of Mental Training Types for Attention, Compassion, and Theory of Mind. *Cognition*, 194. doi: 10.1016/j.cognition.2019.104039
- 124 Puhlmann, L.M.C., Engert, V., Apostolakou, E., Papassotiriou, I., Chrousos, G. P., Vrtička, P. & **Singer, T.** (2019). Only vulnerable adults show change in chronic low-grade inflammation after contemplative mental training: evidence from a randomized clinical trial. *Scientific Reports*, 9(1). 1-12. doi:10.1038/s41598-019-55250-3
- 123 Puhlmann, L.M.C., Valk, S.S., Engert, V., Bernhardt, B.C., Lin, J., Epel, E.S., Vrtička & **Singer, T.** (2019). Association of Short-Term Change in Telomere Length with Cortical Thickness Changes and Effects of Mental Training Among Healthy Adults: A randomised clinical trial. *JAMA Network Open* 2 (9): e199687. doi:10.1001/jamanetworkopen.2019.9687
- 122 Przyrembel, M., Vrticka, P., Engert, V. & **Singer, T.** (2019). Loving-Kindness-Meditation – A Queen of Hearts? Physio-Phenomenological Investigation on the Variety of experience. *Journal of Consciousness Studies*, 26(7,8). 95-129.
- 121 Preckel, K., Trautwein, F. M., Paulus, F. M., Kirsch, P., Krach, S., **Singer, T.**, & Kanske, P. (2019). Neural mechanisms of affective matching across faces and scenes. *Scientific reports*, 9(1), 1492.
- 120 Bornemann, B., Kovacs, P., & **Singer, T.** (2019). Voluntary upregulation of heart rate variability is improved by mental contemplative training. *Scientific Reports*, 9:7860. doi:10.1038/s41598-019-44201-7
- 119 Linz, R., Puhlmann, L. M. C., Apostolakou, F., Mantzou, E., Papassotiriou, I., Chrousos, G. P., ... & **Singer, T.** (2019). Acute psychosocial stress increases serum BDNF levels: an antagonistic relation to cortisol but no group differences after mental training. *Neuropsychopharmacology*, 1. doi: 10.1038/s41386-019-0391-y

- 118 **Singer, T.**, & Engert, V. (2019). It matters what you practice: Differential training effects on subjective experience, behavior, brain and body in the *ReSource Project*. *Current Opinion in Psychology*, *28*, 151–158.
- 117 Banzhaf, C., Hoffmann, F., Kanske, P., Fan, Y., Walter, H., Spengler, S., Schreiter, S., **Singer, T.** & Bermpohl, F. (2018). Interacting and dissociable effects of alexithymia and depression on empathy. *Psychiatry Research*, *270*, 631–638. doi: 10.1016/j.psychres.2018.10.045.
- 116 Böckler, A., Tusche, A., Schmidt, P., & **Singer, T.** (2018). Distinct mental trainings differentially affect altruistically motivated, norm motivated, and self-reported prosocial behaviour. *Scientific Reports*, *8*:13560. doi: 10.1038/s41598-018-31813-8
- 115 Böckler, A., Tusche, A., & **Singer, T.** (2018). The structure of human prosociality revisited: Corrigendum and addendum to Böckler, Tusche, and Singer (2016). *Social Psychological and Personality Science*, *9*(6), 754–759. doi: 10.1177/1948550617722200
- 114 Engen, H. G., Bernhardt, B. C., Skottnik, L., Ricard, M., & **Singer, T.** (2018). Structural changes in socio-affective networks: Multi-modal MRI findings in long-term meditation practitioners. *Neuropsychologia*, *116*(A), 26–33. doi: 10.1016/j.neuropsychologia.2017.08.024.
- 113 Engen, H., Kanske, P., & **Singer, T.** (2018). Endogenous emotion generation ability is associated with the capacity to form multimodal internal representations. *Scientific Reports*, *8*:1953. doi: 10.1038/s41598-018-20380-7
- 112 Engert, V., Kok, B., Puhmann, L., Stalder, T., Kirschbaum, C., Papanastasopoulou, C., Papassotiriou, I., Pervanidou, P., Chrousos, G. P., & **Singer, T.** (2018). Exploring the multidimensional complex systems structure of the stress response and its relation to health and sleep outcomes. *Brain, Behavior, and Immunity*, *73*, 390–402. doi: 10.1016/j.bbi.2018.05.023.
- 111 Engert, V., Ragsdale, A., & **Singer, T.** (2018). Cortisol stress resonance in the laboratory is associated with inter-couple diurnal cortisol covariation in daily life. *Hormones and Behavior*, *98*, 183–190. doi: 10.1016/j.yhbeh.2017.12.018
- 110 Grosse Wiesmann, C., Friederici, A. D., Disla, D., Steinbeis, N., & **Singer, T.** (2018). Longitudinal evidence for 4-year-olds' but not 2- and 3-year-olds' false belief-related action anticipation. *Cognitive Development*, *46*, 58–68. doi: 10.1016/j.cogdev.2017.08.007
- 109 Hildebrandt, L. K., McCall, C., & **Singer, T.** (2018). Socio-affective versus socio-cognitive mental trainings differentially affect emotion regulation strategies. *Emotion*. Advance online publication. doi:10.1037/emo0000518
- 108 Linz, R., **Singer, T.**, & Engert, V. (2018). Interactions of momentary thought content and subjective stress predict cortisol fluctuations in a daily life experience sampling study. *Scientific Reports*, *8*:15462. doi:10.1038/s41598-018-33708-0
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Book chapters

- 33 Engen, H. G., & **Singer, T.** (2018). Deconstructing social emotions: Empathy and compassion and their relation to prosocial behavior. In A.S. Fox, R.C. Lapate, A.J. Shackman, R.J. Davidson (Eds.), *The nature of emotion* (2nd ed., pp. 172–177). New York, NY: Oxford University Press.
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- 25 **Singer, T.** (2015). Perspektiven der Empathie- und Compassion-Forschung. In J. Nida-Rümelin, I. Spiegel, & M. Tiedemann (Eds.), *Handbuch der Philosophie und Ethik* (pp. 256–264). Paderborn: Ferdinand Schöningh.
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- 23 Bornemann, B., & **Singer, T.** (2013). The ReSource training protocol. In T. Singer, & M. Bolz (Eds.), *Compassion: Bridging practice and science* (pp. 768–792). Retrieved from <http://www.compassion-training.org>. Leipzig: Max Planck Institute for Human Cognitive and Brain Sciences.
- 22 Bornemann, B., & **Singer, T.** (2013). What we do (not) mean by training. In T. Singer, & M. Bolz (Eds.), *Compassion: Bridging practice and science* (pp. 54–57). Retrieved from <http://www.compassion-training.org>. Leipzig: Max Planck Institute for Human Cognitive and Brain Sciences.

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Invited Keynote Talks

268. 11/2023 Keynote, Wellbeing Summit, Brussels, Belgium
267. 11/2023 Panel Discussion, FRG and NATO Ambassador, Brussels, Belgium
266. 10/2023 Keynote, World's Meeting of Values, Monterrey, Mexico
265. 10/2023 Keynote at Contemplation by Design Summit, Stanford, USA (online)
264. 10/2023 Keynote at Friedenskonferenz, Berlin Germany
263. 10/2023 Keynote at Entrepreneur Summit, Berlin Germany
262. 10/2023 Talk, Albert Einstein Institut, MPI for Gravitational Physics, Golm, Germany
261. 09/2023 Panel Discussion, dm Gesundheitswoche, Berlin, Germany
260. 07/2023 Panel Discussion and Keynote at Annual IPPA Conference, Vancouver, Canada
259. 07/2023 Talk at Joyous Celebration Conference, Vancouver Canada
258. 06/2023 Talk at Achtsamkeitskreis, Freiburg, Germany
257. 06/2023 Keynote, PXP Festival, Berlin, Germany
256. 05/2023 Keynote, 34 Boston Trauma Conference, Boston, USA
255. 05/2023 Keynote, Austrian Health Forum, Schladming, Austria
254. 04/2023 Keynote, "20 Jahre Tage der Utopie", St. Arbogast, Austria
253. 04/2023 Keynote, Mindfulness Symposium, Istanbul, Turkey

252. 03/2023 Keynote, Symposium, Prague, Czech Republic
251. 12/2022 Welcome Talks und Panel Discussion, Symposium, Berlin
250. 10/2022 Special Dialogue „Joy Summit“, Dharamsala, India
249. 09/2022 Yehuda Elkana Forum, Berlin, Germany
248. 09/2022 Othering and Belonging Meeting, Berlin, Germany
247. 09/2022 European Mental Health Conference, Lisbon, Portugal
246. 09/2022 Biocamp, Geneva, Switzerland
245. 09/2022 Creative Economics Forum, Zurich, Switzerland
244. 08/2022 36x36 Conference, St. Arbogast, Austria
243. 06/2022 Sydvestjysk Hospital, Aarhus, Denmark (online)
242. 06/2022 Meditation Conference, Seoul, Korea (online)
241. 05/2022 Mount Madonna Center, Watsonville, USA
240. 05/2022 CCARE, Stanford, USA
239. 05/2022 Othering and Belonging Institute, Berkeley, USA
238. 05/2022 International Boston Trauma Conference, Boston, USA
237. 05/2022 Harvard Medical School, Cambridge, USA (online)
236. 05/2022 Keynote, Birgit Segerfeld Conference on Neuroscience, Lund Sweden
235. 11/2021 ACC Compassion Research Conference, Sydney, Australia (online)
234. 10/2021 Keynote, Entrepreneur Summit, Berlin, Germany
233. 10/2021 Empathy Conference, DAI, Heidelberg, Germany (online)
232. 10/2021 Lecture Series, How to Academy, London, UK (online)
231. 09/2021 Lecture Series, Novartis Forum, Basel, Switzerland (online)
230. 06/2021 Scientific Panel, Academy for Neuroscientific Education Management (AFNB), Heidelberg, Germany (online)
229. 05/2021 International Boston Trauma Conference, Boston, USA (online)
228. 04/2021 Lecture Series, European Commission, Brussels, Belgium (online)
227. 04/2021 Speaker Series, McLean Hospital/Harvard Medical School Center for Depression, Anxiety, and Stress Research's (CDASR) (online)

226. 03/2021 Panel, Pioneers in Education, Berlin, Germany (online)
225. 01/2021 Lecture Series "Neuro Design", Hasso Plattner Institut, Potsdam, Germany (online)
224. 11/2020 Orchestrating Winning Performance, IMD, Lausanne, Switzerland (online)
223. 11/2020 Continental Trendcamp 2020, Regensburg, Germany (online)
222. 11/2020 Association of specialists for psychosomatic meditation and psychotherapy, Berlin, Germany (online)
221. 10/2020 Empathy Conference, DAI, Heidelberg, Germany
220. 09/2020 Mindful Doctor Conference, Berlin, Germany
219. 06/2020 Orchestrating Winning Performance, IMD, Lausanne, Switzerland (online)
218. 06/2020 Digitalität20, #schuleneudenken, Federal Chancellery, Berlin, Germany (online)
217. 05/2020 International Boston Trauma Conference, Boston, USA (online)
216. 11/2019 Vivir Agradecidos, Metta-Aprendizaje Project, General Pacheco, Buenos Aires, Argentina
215. 11/2019 Conferencia Bienestar Docente y Neurociencias, Buenos Aires, Argentina
214. 11/2019 Educando a Nuestro Futuro, The Learner Space, Buenos Aires, Argentina
213. 11/2019 Cordoba State University, Cordoba City, Argentina
212. 11/2019 Federal Ministry of Education from Argentina, Buenos Aires, Argentina
211. 11/2019 Red de Escuelas de Aprendizaje, Educational Assessment and New Educational Projects, Buenos Aires Province, Argentina
210. 10/2019 Panel, Contemplative Science Symposium, Mind and Life Europe, Fürstfeldbruck, Germany
209. 10/2019 Panel, Science Art Meditation (SAM), Strasbourg, France
208. 10/2019 Institut Francais du Leadership Positif, Lyon, France
207. 10/2019 Neurourbanistics Forum, Flidner Clinics, Berlin, Germany
206. 08/2019 Sophien & Hufeland Clinic, Weimar, Germany
205. 08/2019 Webbased Psychotherapy, Flidner Clinics, Berlin, Germany
204. 07/2019 Tech Open Air Conference, Berlin, Germany
203. 06/2019 Wisdom Together Conference, Munich, Germany
202. 06/2019 Cortona Week 2019, Todi, Italy
201. 05/2019 Achtsamkeit, Heiligenfelder Kongress, Bad Kissingen, Germany

200. 09/2018 Vivir agradecidos, Buenos Aires, Argentina
199. 09/2018 Neurociencias Contemplativas, Isla El Descanso, Buenos Aires, Argentina
198. 09/2018 Educating our Future, CCK, Buenos Aires, Argentina
197. 05/2018 Federal Ministry of Defense (Germany)
196. 04/2018 Bogliasco Fellowship, Italy
195. 04/2018 National Institutes of Health (online Roundtable)
194. 11/2017 Contemplative Sciences Center, University of Virginia, Charlottesville, VA, USA
193. 11/2017 Symposium "The science of mindfulness and compassion", Harvard University, Cambridge, MA, USA
192. 11/2017 Massachusetts Institute of Technology, Cambridge, MA, USA
191. 11/2017 Yale Social Current Works Series, Yale University, New Haven, CT, USA
190. 11/2017 MITx ULab Live Session, Cambridge, MA, USA
189. 10/2017 Plenary Talk, Harvard Medical School Interprofessional Education Conference, Boston, MA, USA
188. 10/2017 Internal Family Systems Annual Conference "Self-led activism: Releasing your inner change agent", Providence, RI, USA
187. 10/2017 Center for Healthy Minds, University of Madison-Wisconsin, Madison, WI, USA
186. 07/2017 5th World Congress on Positive Psychology, Montreal, QC, Canada
185. 06/2017 Lecture, Mind & Life Summer Research Institute 2017 on Intersubjectivity and Social Connectivity
184. 05/2017 Lecture, "The brains that pull the triggers – 3rd Paris Conference on Syndrom E", Paris, France
183. 03/2017 Keynote Lecture, 59th Conference of Experimental Psychologists (Tagung experimentell arbeitender Psychologen; TeaP), Dresden, Germany
182. 03/2017 Lecture, The Berkeley Psychophysiology Laboratory, University of California, Berkeley, CA, USA
181. 03/2017 Keynote Lecture, 10th Annual Meeting of the Social and Affective Neuroscience Society (SANS), Los Angeles, CA, USA
180. 02/2017 Workshop, Oxford Masterclass, Oxford Mindfulness Centre, UK
179. 01/2017 Keynote Lecture, Budapest CEU Conference on Cognitive Development (BCCCD), Budapest, Hungary
178. 12/2016 Keynote Lecture, Hertie Institute for Clinical Brain Research, Tübingen, Germany

177. 11/2016 Talk, Meditation und Wissenschaft, Interdisziplinärer Kongress zur Meditations- und Bewusstseinsforschung, Berlin, Germany
176. 11/2016 Congress of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN), Berlin, Germany
175. 10/2016 Mindsight Congress, Berlin, Germany
174. 10/2016 Center for Mindfulness, Worcester, MA, USA
173. 10/2016 Center for Mindfulness and Compassion, Somerville, MA, USA
172. 10/2016 Brown University, Providence, RI, USA
171. 10/2016 Center for Compassion and Altruism Research and Education, Harvard Medical School, Boston, MA, USA
170. 10/2016 Institute for Advanced Sustainability Studies e. V. (IASS), Potsdam, Germany
169. 09/2016 Opening of the Leipzig Research Center for Early Child Development, Leipzig, Germany
168. 09/2016 50th Congress of German Society for Psychology, Leipzig, Germany
167. 09/2016 Meeting with H. H. the 14th Dalai Lama, Strasbourg, France
166. 09/2016 ERC Scientific Seminars, Brussels, Belgium
165. 09/2016 Power and Care Conference. "A Mind & Life Dialogue with H. H. the Dalai Lama", Brussels, Belgium
164. 04/2016 The European Neurophenomenology, Contemplative, and Embodied Cognition Network (ENCECON), Château de la Bourlie, Urval, France
163. 11/2015 Keynote Lecture, Central Institute of Mental Health (Zentralinstitut für Seelische Gesundheit), Scientific Symposium „WISSEN.SCHAFT.GESUNDHEIT“, Mannheim, Germany
162. 11/2015 Global Social Business Summit, Berlin, Germany
161. 10/2015 Global Economic Symposium (GES), Kiel, Germany
160. 08/2015 Mind & Life European Summer Research Institute (ESRI), Chiemsee, Germany
159. 07/2015 Keynote Lecture, International Society for Research on Emotion (ISRE), Geneva, Switzerland
158. 06/2015 University of Oxford, UK
157. 06/2015 Institute of Government, London, UK
156. 06/2015 Institute of Philosophy, School of Advanced Study, University of London, UK
155. 06/2015 MRC Social, Genetic, & Developmental Psychiatry (SGDC) Centre, Institute

- of Psychiatry, King's College London, UK
154. 06/2015 Institute of Cognitive Neuroscience, University College London, UK
 153. 06/2015 Psychotherapeutenkammer, Berlin, Germany
 152. 05/2015 BDVT Camp, Berlin, Germany
 151. 04/2015 4th Annual Lecture in Cognitive Science, Colloquium, University of Vienna, Austria
 150. 04/2015 Tage der Utopie, St. Arbogast, Austria
 149. 04/2015 Novartis, Basel, Switzerland
 148. 03/2015 International Convention on Psychological Science (ICPS), Amsterdam, Netherlands
 147. 02/2015 LEAD, Leadership Symposium, Berlin, Germany
 146. 02/2015 Berlin symposium "Towards an ecology of life and mind: Bridging being and doing in shifting times", Berlin, Germany
 145. 01/2015 45th Annual Meeting of the World Economic Forum (WEF), Davos, Switzerland
 144. 12/2014 LeWeb, Paris, France
 143. 12/2014 DEC Colloquium, Cognitive Science Department, École Normale Supérieure (ENS), Paris, France
 142. 11/2014 Congress of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN), Berlin, Germany
 141. 11/2014 8th MBSR-MBCT Conference, Leipzig, Germany
 140. 11/2014 Colloquium, Department of Psychology, Harvard University, Cambridge, MA, USA
 139. 11/2014 Mind & Life Institute, Amherst College, MA, USA
 138. 11/2014 Keynote Talk, International Symposium for Contemplative Studies (ISCS), Boston, MA, USA
 137. 10/2014 Congress "Brain circuits for positive emotions", Monte Verità, Ascona, Switzerland
 136. 09/2014 Wisdom2.0 – Fostering Wisdom & Wellness in the Technology Age, Google, Dublin, Ireland
 135. 08/2014 Mind & Life European Summer Research Institute (ESRI) "Towards a contemplative science in Europe", Frauenchiemsee, Germany
 134. 07/2014 Symposium "Vertrauen: Erosion eines Grundpfeilers unseres gesellschaftlichen Zusammenhalts?", Alfred Herrhausen Society, Berlin, Germany
 133. 06/2014 Netzwerktreffen, St. Arbogast, Austria

132. 06/2014 Satellite Symposium "New perspectives and future directions in social neuroscience", Marburg, Germany
131. 04/2014 Society for Affective Science (SAS), Washington, DC, USA
130. 04/2014 2nd Spirit of Humanity Forum "The power of love and compassion in governance – Sharing actions for effective change", Reykjavik, Iceland
129. 01/2014 44th Annual Meeting of the World Economic Forum (WEF), Davos, Switzerland
128. 01/2014 DLD14 Conference, Munich, Germany
127. 10/2013 Semester Opening Lecture, Berlin School of Mind and Brain, Germany
126. 10/2013 Planning Meeting for a MaxNetIdentity, MPG-Wissenschaftsforum, Berlin, Germany
125. 10/2013 Symposium for Contemplative Studies, Mind & Life Europe, Berlin, Germany
124. 10/2013 Global Economic Symposium (GES), Kiel, Germany
123. 10/2013 Congress "Achtsamkeit und Mitgefühl in Medizin, Therapie und Gesellschaft", Freiburg, Germany
122. 06/2013 Symposium "Fostering learning through emotions and immersive environments", Geneva, Switzerland
121. 05/2013 4th International Forum on Buddhism and Medicine "Empathy, compassion and health", Lerab Ling, France
120. 05/2013 3rd Symposium on Biology of Decision-Making (SBDM), Paris, France
119. 04/2013 "Processwork meets science – Focus empathy", Hanuman Institute, Berlin, Germany
118. 01/2013 Delhi University, Delhi, India
117. 01/2013 Mind & Life XXVI Conference "Mind, brain, and matter", Drepung Monastery, Mundgod, Karnataka, India
116. 10/2012 Global Economic Symposium (GES), Rio de Janeiro, Brazil
115. 07/2012 ASSC16 Association for the Scientific Study of Consciousness, Brighton, UK
114. 06/2012 Technical University of Munich, Germany
113. 06/2012 Evangelische Stadtakademie, Munich, Germany
112. 06/2012 Süddeutsche Zeitung Auditorium, Munich, Germany
111. 06/2012 Ludwig Maximilian University Munich, Germany
110. 06/2012 Presencing Global Forum, Berlin, Germany
109. 05/2012 Bauhaus University Weimar, Germany
108. 04/2012 International Symposia for Contemplative Studies, Denver, CO, USA

107. 04/2012 Social & Affective Neuroscience Meeting (SAN), New York, NY, USA
106. 03/2012 Brain Awareness Week, Urania, Berlin, Germany
105. 02/2012 Max Planck Forum, Berlin, Germany
104. 02/2012 Institute Colloquium, Humboldt University Berlin, Germany
103. 02/2012 Bühlerkolloquium, Technical University of Dresden, Germany
102. 01/2012 42nd Annual Meeting of the World Economic Forum, Davos, Switzerland
101. 10/2011 MBSR-MBCT Conference 2011, Berlin, Germany
100. 10/2011 International Symposium "Neurobiological correlates of social relations", Freiburg, Germany
99. 09/2011 Conference "Prendre soin de soi, prendre soin des autres", Brussels, Belgium
98. 09/2011 43rd European Brain and Behaviour Society Meeting, Sevilla, Spain
97. 07/2011 Workshop "How to train compassion", Berlin, Germany
96. 07/2011 EASP pre-conference "Social psychology and the neurosciences: Perspectives and pitfalls", Stockholm, Sweden
95. 07/2011 Conference "Empathy and the blocking of empathy", Berlin, Germany
94. 05/2011 Conference "Implications of research on the neuroscience of affect, attachment and social cognition", London, UK
93. 04/2011 Workshop "The social brain", Cambridge, UK
92. 03/2011 Conference "Opportunities and challenges in social neuroscience", Utrecht, the Netherlands
91. 03/2011 Anniversary Symposium of the Freiburger Ausbildungsinstitut für Verhaltenstherapie, Albert Ludwig University Freiburg, Germany
90. 02/2011 4th Scientific Meeting for Autism Spectrum Conditions (WTAS), Berlin, Germany
89. 02/2011 Minisymposium "Neuro- und Verhaltensbiologie", Berlin-Brandenburg Academy of Sciences and Humanities (BBAW), Berlin, Germany
88. 02/2011 Colloquium at the Max Planck Institute for Psychiatry, Munich, Germany
87. 01/2011 41st Annual Meeting of the World Economic Forum, Davos, Switzerland
86. 01/2011 6th Edition of the Alpine Brain Imaging Meeting, Champéry, Switzerland
85. 12/2010 Conference "New frontiers in brain research", Berlin, Germany
84. 12/2010 Conference "The second person perspective", Berlin, Germany

83. 11/2010 Congress "Meditation & Wissenschaft", Berlin, Germany
82. 11/2010 Symposium "Interacting minds: An interdisciplinary approach to social cognition", Berlin, Germany
81. 11/2010 Berlin Alexithymia Conference 2010, Germany
80. 11/2010 Falling Walls 2010 – The Berlin Conference on Future Breakthroughs in Science and Society, Berlin, Germany
79. 11/2010 Congress "Anxiété < > Dépression: Dimensions relationelles", Association Française des Troubles Anxieux et de la Dépression (AFTAD), Paris, France
78. 10/2010 Laudation, Fairness Stiftung, Frankfurt, Germany
77. 10/2010 Symposium "The embodied mind: Perspectives and limitations", Radboud University, Nijmegen, the Netherlands
76. 09/2010 INCORE Conference "Cooperation: An interdisciplinary dialogue", Budapest, Hungary
75. 06/2010 Nobel Forum, Karolinska Institute (200-year anniversary), Stockholm, Sweden
74. 05/2010 3rd Annual Meeting of the Law and Neuroscience Project (supported by the MacArthur Foundation), Santa Barbara, CA, USA
73. 05/2010 Center for Compassion and Altruism Research and Education (CCARE) Meng-Wu Lecture Series, Stanford University School of Medicine, Stanford, CA, USA
72. 05/2010 Sage Center for the Study of the Mind, University of California, Santa Barbara, CA, USA
71. 04/2010 Mind & Life XX Conference "Altruism and compassion in economic systems: A dialogue at the interface of economics, neuroscience and contemplative sciences", Zurich, Switzerland
70. 03/2010 "Meditation, empathy, and embodiment" (12th Meeting of the Junior Researchers' Group Philosophy of the Mind), University Hospital Zurich, Switzerland
69. 12/2009 University of Konstanz, Germany
68. 08/2009 Conference "Compassion", Max Planck Institute for Human Development, Berlin, Germany
67. 06/2009 Conference "Doing emotions: Past, present, and future", Max Planck Institute for Human Development, Berlin, Germany
66. 06/2009 Conference "The primate mind: Built to connect with other minds" (organized by F.B.M. de Waal, Yerkes National Primate Research Center, Emory University, Atlanta, & P.F. Ferrari, Università degli studi di Parma), Erice, Sicily, Italy
65. 05/2009 Stockholm Brain Institute Lecture, Karolinska University Hospital, Stockholm, Sweden
64. 03/2009 Compassion Definitions Conference, Stanford University, CA, USA

63. 01/2009 Inaugural Conference on Buddhism and Science (with Tenzin Gyatso, H. H. the 14th Dalai Lama), Central University of Tibetan Studies, Sarnath, India
62. 12/2008 Conference of the Dutch Scientific Social Psychology Association, VU University Amsterdam, the Netherlands
61. 11/2008 Symposium "Cognitive neuroscience: From molecule to man" (on the occasion of the opening of the Donders Institute for Brain, Cognition and Behaviour), Radboud University Nijmegen, the Netherlands
60. 11/2008 Conference "Values and empathy across social barriers: A neurocognitive approach to fairness: The first Barcelona social neuroscience conference" Fundació "La Caixa", The Science Museum of the Caixa Foundation, Barcelona, Spain
59. 10/2008 2nd Annual Conference on Happiness & Its Causes, World Happiness Forum, London, UK
58. 09/2008 European Science Foundation Exploratory Workshop on Mirror Neurons and Social Cognition, Turin, Italy
57. 09/2008 Cortona 2008: "Belief vs. knowledge", Cortona, Italy
56. 08/2008 8th International Congress of the F. M. Alexander Technique, Lugano, Switzerland
55. 05/2008 Max Planck Institute for Human Cognitive and Brain Sciences, Leipzig, Germany
54. 04/2008 Free University, Berlin, Germany
53. 04/2008 Mind & Life Meeting with H.H. the 14th Dalai Lama, Ann Arbor, MI, USA
52. 04/2008 Department of Psychiatry, University of California, San Francisco, CA, USA
51. 03/2008 BrainFair 2008: Emotions, University of Zurich, Switzerland
50. 03/2008 Interacting Minds Project, Aarhus University Hospital, Aarhus C, Denmark
49. 11/2007 The Compassionate Mind (with Matthieu Ricard, Tibet), Dana Centre, London, UK
48. 11/2007 Max Planck Institute for Evolutionary Anthropology, Leipzig, Germany
47. 10/2007 Max Planck Institute for Human Development, Berlin, Germany
46. 10/2007 Presidential Lecture at the German Pain Congress, Berlin, Germany
45. 09/2007 Neuroscience Center Zurich (ZNZ) Symposium 2007, University of Zurich, Switzerland
44. 07/2007 Summer camp "Synergy: The intelligence of the collective", Center for Experimental Societal Design (ZEGG), Belzig, Germany
43. 07/2007 University Clinic Hamburg-Eppendorf, Research Focus Group: Neurosciences, Hamburg, Germany
42. 07/2007 Neurofinance Symposium, Zurich, Switzerland

41. 06/2007 Ernst Strüngmann Forum, Frankfurt Institute for Advanced Studies (FIAS), Frankfurt/Main, Germany
40. 06/2007 6th Zurich Symposium for Clinical Psychiatry, Psychiatric University Clinic, Zurich, Switzerland
39. 05/2007 NCCR Affective Sciences Workshop "Empathy and prosocial behavior: Are they linked?", Geneva, Switzerland
38. 04/2007 Conference "Mind & Life XIV: A dialogue on the universe in a single atom" (with Tenzin Gyatso, H. H. the 14th Dalai Lama), Dharamsala, India
37. 03/2007 Biology of Prosocial Behavior Workshop, Consulate of Switzerland, Swiss House for Advanced Research and Education (SHARE), Cambridge, MA, USA
36. 02/2007 "Social brain" Neurology Symposium, Valens, Switzerland
35. 01/2007 Collegium Helveticum Lectures „Gefühle zeigen – Manifestationsformen emotionaler Prozesse“, Zurich, Switzerland
34. 12/2006 GlaxoSmithKline Advanced Lectures on Clinical and Experimental Neurology, "Social Cognition", London, UK
33. 07/2006 Max Planck Institute for Human Development, Berlin, Germany
32. 04/2006 Health Emotion Symposium: Social Brain, Madison, WI, USA
31. 04/2006 UK–German Frontier of Science Meeting, Cambridge, UK
30. 03/2006 Gruter Institute, Cambridge, UK
29. 03/2006 Brain Awareness Week, Rome, Italy
28. 03/2006 Institut Jean Nicod, Paris, France
27. 01/2006 McGovern Institute for Brain Research at MIT, Boston, MA, USA
26. 12/2005 International Workshop "Contribution of mirroring processes to human mindreading", Château de Maffliers, France
25. 10/2005 Novartis Symposium "Empathy and fairness", London, UK
24. 06/2005 Institut des Sciences Cognitives, Lyon, France
23. 05/2005 Brain Meeting, Wellcome Department of Imaging Neuroscience, London, UK
22. 05/2005 Institute of Psychiatry, Munich, Germany
21. 05/2005 Bernard Wolfe Health Neuroscience Symposium, Cambridge, UK
20. 04/2005 Helmholtz Club, University of California, Irvine, CA, USA
19. 04/2005 Brain Research Institute, University of California, Los Angeles, CA, USA
18. 04/2005 California Institute of Technology, Pasadena, CA, USA

17. 04/2005 Salk Institute, La Jolla, CA, USA
16. 03/2005 Cognitive Brain Seminar, University of Geneva, Switzerland
15. 03/2005 L'altruism: ses mecanismes et ses fonctions, Veme Recontre du Group "Cerveau-Esprit", Sion, Switzerland
14. 01/2005 Neuroscientific Foundations of Economics, Annual Meeting of the American Economic Association, Philadelphia, PA, USA
13. 11/2004 Academia Helvetica, Zurich, Switzerland
12. 09/2004 Symposium "Brain-behavior dynamics across the lifespan: Methods and concepts", Max Planck Institute for Human Development, Berlin-Doelln, Germany
11. 05/2004 School of Psychology, University of Wales, Bangor, UK
10. 02/2004 Symposium "The emotional basis of cooperation and punishment", Santa Fe Institute, Santa Fe, New Mexico
9. 02/2004 Institute of Psychology, University of Vienna, Austria
8. 01/2004 Symposium "Dance and the brain", Bockenheimer Depot, Municipal Theater and Opera, Frankfurt am Main, Germany
7. 01/2004 Symposium "Neuroscience and economics", Functional Imaging Laboratory, London, UK
6. 10/2003 Methods Seminar, Wellcome Department of Imaging Neuroscience, London, UK
5. 09/2002 Summer school entitled "Young academy of emotions", Villa Vigoni, Lovenno di Menaggio (Como), Italy
4. 09/2002 43rd Meeting of the German Psychological Society (DGPs), Berlin, Germany
3. 10/2001 Department of Psychology, Philipp University Marburg, Germany
2. 07/2001 3rd International Conference on Memory, Valencia, Spain
1. 03/2001 5th Biennial Meeting of the German Society for Gerontopsychiatry and -psychotherapy (DGGPP), Berlin, Germany

Teaching Activities

49. Workshop, World's Meeting of Values, Monterrey, Mexico, October 2023
48. Lecture, VW, (online) July 2023
47. *ReConnect for Healthcare Masterclass "Burnout or Resilience? From Empathic Distress to Compassion"* Diplôme Universitaire de Médecine Méditation et Neurosciences", Mont St. Odile, France, June 2023

46. Lecture University Witten-Herdecke, (online) June 2023
45. Workshop (with Ron Siegel), 34 Boston Trauma Conference, Boston, USA, May 2023
44. Lecture, Rekhi Foundation, Delhi, India (online), March 2023
43. Mindfulness-Salon, MBSR Society, Berlin (online), January 2023
42. *The Neuroscience of Empathy, Compassion and its Placticity: Lessons from the ReSource and CovSocial Project*, Diplôme Universitaire de Médecine Méditation et Neurosciences”, Mont St. Odile, Frankreich (online), January 2023
41. Workshop, MBSR Education, Berlin, Germany, November 2022
40. Lecture, AchtSam University Salzburg, Austria (online), November 2022
39. Workshop, Mount Madonna Center, Watsonville, USA, June 2022
38. Workshop (with Ron Siegel), 33 Boston Trauma Conference, Boston, USA, May 2022
37. Masterclass Reconnect to Society, Schloss Neuhausen, Germany, March 2022
36. Lecture, AchtSam University Salzburg, Austria (online), November 2021
35. Workshop, Emerge Gathering, Berlin, Germany, October 2021
34. *ReConnect for Healthcare Masterclass “Burnout or Resilience? From Empathic Distress to Compassion”* Diplôme Universitaire de Médecine Méditation et Neurosciences”, Mont St. Odile, France, July 2021
33. *The Neuroscience and Spiritual Practice of Love and Compassion in Service of a More Caring Society*, Spirit of Humanity Forum, Berlin, June 2021
32. *The Neuroscience of Empathy, Compassion and Prosociality: Lessons from the ReSource Project*, Diplôme Universitaire de Médecine Méditation et Neurosciences”, Mont St. Odile, France, January 2020
31. *Beyond Mindfulness: A Social Neuroscience Perspective on How to Cultivate Mind and Heart*, Cortona Week Summerschool, Todi, Italy, July 2019
30. *The Neuroscience of Empathy, Compassion and Prosociality: Lessons from the ReSource Project*, Diplôme Universitaire de Médecine Méditation et Neurosciences”, Mont St. Odile, France, January 2019
29. *Plasticity of the Social Brain: Effects of a One-year Mental Training Study on Social Connectedness, Compassion, Theory of Mind, Social Stress and the Body*, Mind & Life Summer Research Institute Garrison Institute, Garrison, New York, USA, June 2017
28. *Lessons from the ReSource Project: Effects of a One-Year Mental Training on Brain Plasticity, Compassion, Perspective Taking, Attention, Stress, Interoception and Prosocial Behavior*, Oxford Mindfulness Center, Oxford, UK, February 2017

27. *Lessons from the ReSource Project: How can we get from the cultivation of consciousness, brain, and behavior to a more caring society?* European ReSearch Summer School (ESRI), Chiemsee, Germany, August 2015
26. *When socio-affective neurosciences meets decision sciences: The puzzle of understanding and cooperating with others*, Humboldt University and Berlin School of Mind and Brain School, Berlin, Germany, Winter 2014-2015
25. Mini-course (graduate level), Department of Economics, University of Zurich, Switzerland, Winter 2014-2015
24. *Integrating First- and Third-Person Perspective in Contemplative Neuroscience: Examples and Challenges* European Research Summer School (ESRI), Chiemsee, Germany, August 2014
23. *Empathie – Wie kann sich der Mensch mental und emotional in andere hineinversetzen?* Ringvorlesung „Miteinander – Füreinander? Sozialverhalten von Menschen und Affen“, Georg August University Göttingen, Germany, Winter 2011-2012
22. *Introduction to neuroeconomics and social neuroscience* (undergraduate level), University of Zurich, Switzerland (with Grit Hein, Susanne Leiberg, Nikolaus Steinbeis), Spring 2010
21. *Foundations of human social behavior* (post-graduate level), University of Zurich, Switzerland (with Ernst Fehr, Klaas Enno Stephan), Spring 2010
20. *Introduction to Neuroeconomics and Social Neuroscience* (undergraduate level) University of Zurich (with Grit Hein, Susanne Leiberg, Nikolaus Steinbeis), Fall 2009
19. *Social Neuroscience* (graduate level), University of Zurich, Switzerland, Fall 2009
18. *Frontiers in social neuroscience and neuroeconomics* (post-graduate level) University of Zurich, Switzerland (with Ernst Fehr, Klaas Enno Stephan), Fall 2009
17. *Foundations of human social behavior* (post-graduate level), University of Zurich (with Ernst Fehr, Markus Heinrichs, Klaas Enno Stephan), Fall 2009
16. 3rd Cargèse Summer School on Consciousness (*Self-consciousness and Consciousness of others*), Institut d'Etudes Scientifiques de Cargèse, Corsica, France, May 2009
15. *Social Neuroscience* (graduate level), University of Zurich, Switzerland (with Olga Klimecki, Romana Snozzi), Spring 2009
14. *Foundations of human social behavior* (post-graduate level), University of Zurich (with Ernst Fehr, Markus Heinrichs, Klaas Enno Stephan), Spring 2009
13. *Social Neuroscience* (graduate level), University of Zurich, Switzerland, Fall 2008
12. *Frontiers in social neuroscience and neuroeconomics* (post-graduate level), University of Zurich (with Ernst Fehr, Markus Heinrichs, Klaas Enno Stephan), Fall 2008
11. *Foundations of human social behavior* (post-graduate level), University of Zurich (with Ernst Fehr, Markus Heinrichs, Klaas Enno Stephan), Fall 2008
10. Mind & Life Summer Research Institute, Garrison Institute, Garrison, New York, USA, June 2008
9. *Social Neuroscience* (graduate level), University of Zurich, Switzerland, Spring 2008

8. *Foundations of human social behavior* (post-graduate level), University of Zurich (with Ernst Fehr, Markus Heinrichs, Klaas Enno Stephan), Spring 2008
7. *Social Neuroscience* (graduate level), University of Zurich, Switzerland, Fall 2007
6. *Foundations of human social behavior* (post-graduate level), University of Zurich (with Ernst Fehr, Markus Heinrichs), Fall 2007
5. MRC/CSHL Summer Workshop "*The biology of social cognition*", St. Anne's College, University of Oxford, United Kingdom, July 2007
4. 5th European Neuro-IT and Neuroengineering School "*Cognition & Action*", Hanse Institute for Advanced Study (HWK), Delmenhorst, Germany, July 2007
3. *Social Neuroscience* (graduate level), University of Zurich, Switzerland, Spring 2007
2. *Foundations of human social behavior* (post-graduate level), University of Zurich, Switzerland (with Ernst Fehr, Markus Heinrichs, and Michael Kosfeld), Spring 2007
1. PENS-Hertie Winter School "*Brain basis of social interaction: From concepts to imaging*", Kitzbühl, Austria, December 2006