

CURRICULUM VITAE

Prof. Dr. Tania Singer

Scientific Head

Social Neuroscience Lab

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Wissenschaftliche Laufbahn

seit 2019	wissenschaftliche Leiterin, Social Neuroscience Lab, Max-Planck-Gesellschaft, Berlin
2020 – 2022	Gastwissenschaftlerin, Charité - Universitätsmedizin Berlin
2011 – 2019	Honorarprofessorin, Institut für Psychologie, Lebenswissenschaftliche Fakultät, Humboldt-Universität zu Berlin
2011 – 2019	Honorarprofessorin für Soziale Neurowissenschaft, Biowissenschaftliche Fakultät, Universität Leipzig,
since 2011	Wissenschaftliches Ehrenmitglied, Labor zur Erforschung Sozialer und Neuronaler Systeme, Universität Zürich, Schweiz
2010 – 2018	Direktorin, Abteilung Soziale Neurowissenschaften, Max-Planck-Institut Kognitions- und Neurowissenschaften, Leipzig
2010	Gastprofessorin, La Sapienza Universität Rom, Italien
2008 – 2010	Gründungslehrstuhl für Soziale Neurowissenschaften und Neuroökonomie, Universität Zürich, Schweiz
2008	Gastprofessorin, La Sapienza Universität Rom, Italien
2007 – 2010	Ko-Direktorin, Labor zur Erforschung Sozialer und Neuronaler Systeme, Universität Zürich, Schweiz
2006 – 2008	Assistenzprofessorin für Soziale Neurowissenschaften und Neuroökonomie, Universität Zürich, Schweiz
2005 – 2006	Postdoc Stipendiatin, Institute of Cognitive Neuroscience, London, United Kingdom. Principal Investigator: Prof. Uta Frith
2003 – 2005	Postdoc Stipendiatin, Wellcome Department of Imaging Neuroscience, London, United Kingdom. Principal Investigator: Prof. Chris Frith
2002 – 2003	Gastwissenschaftlerin, Wellcome Department of Imaging Neuroscience, London, United Kingdom
2000 – 2002	Wissenschaftliche Mitarbeiterin, Max-Planck-Institut für Bildungsforschung, Center for Lifespan Psychology, Berlin
1996 – 2000	Doktorandin, Max-Planck-Institut für Bildungsforschung, Berlin

Akademische Ausbildung

2000	Ph.D. [Dr. phil.] (" <i>summa cum laude</i> ") in Psychologie, Freie Universität of Berlin
1996	M.Sc. [Diplom] in Psychologie, Technical University of Berlin
1992	B.Sc. [Vordiplom] in Psychologie, Philipp University Marburg

Drittmittel

2026	Drittmittel (Seedgrant) zur Förderung des Edu:Social Health Care Projekts, Paracelsus Medizinische Privatuniversität, Salzburg, Österreich (EUR 25,000)
2022	Drittmittel zur Förderung des CovSocial Projekts, Horst-Kübler-Stiftung (EUR 9,000)
2020	Drittmittel der Berlin University Alliance (BUA) Pandemie Sonderausschreibung zum Forschungsprojekt „CovSocial: App-basiertes Online-Monitoring von sozialem Zusammenhalt und psychischer Gesundheit während der SARS-CoV2-Pandemie“ in Zusammenarbeit mit Mazda Adli, Sonja Entringer, Christine Heim, Manuel Voelkle, Elisabeth Binder und Felix Blankenburg, (EUR 100,000)
2014 – 2018	Drittmittel vom Bundesministerium für Bildung und Forschung (BMBF), Bonn, Germany, on Research project P4 (“Modulatory effects of oxytocin treatment on higher-order social cognition in ASD”, Co-PIs Philipp Kanske, Sören Krach, Frieder Paulus) of the ASD-net (“Autism Spectrum Disorder across the lifespan: From a better etiological understanding, through valid diagnosis, to more effective health care”; EUR 354,517)
2013 – 2017	Drittmittel vom Institute for New Economic Thinking (INET) on “From homo economicus towards caring economics” together with Prof. Dr. Dennis Snower, New York, NY, USA (EUR 784,440)
2010 – 2011	Drittmittel vom National Centre of Competence in Research (NCCR) on Neural Plasticity and Repair, Zürich, Schweiz (CHF 25,000)
2009 – 2012	Drittmittel von der Foundation for Scientific Research of the Universität Zürich, Schweiz (CHF 13,000)
2009 – 2010	Drittmittel vom National Centre of Competence in Research (NCCR) on Neural Plasticity and Repair, Zürich, Schweiz (CHF 75,000)
2008 – 2014	Starting Grant des European Research Council (ERC; EUR 1,500,000)
2008 – 2010	Drittmittel der Betty and David Koetser Foundation for Brain Research, Zürich, Schweiz (CHF 146,475)
2008 – 2010	Drittmittel vom Neuroscience Center Zürich (ZNZ), Schweiz (CHF 142,800)
2008 – 2011	Drittmittel vom Swiss National Science Foundation (SNF; CHF 296,000)
2007 – 2011	Drittmittel vom National Centre of Competence in Research (NCCR) on Neural Plasticity and Repair, Zürich, Schweiz (CHF 196,666)
2007 – 2010	Drittmittel vom National Centre of Competence in Research (NCCR) for the Affective Sciences, Genf, Schweiz (CHF 140,000)
2004	Drittmittel für ein Novartis Symposium "Empathy and Fairness: Neuronal, Psychological and Developmental Basis" by Singer, Blakemore, Frith, and Frith; held in Oktober, 2005, London, United Kingdom
2003 – 2005	Drittmittel von der Deutschen Wissenschaftsakademie Leopoldina, Halle

Auszeichnungen

2026	Tania Singer wird auf Research.com im Jahr 2025 in den Top 1000 WissenschaftlerInnen weltweit und in den Top 40 in Deutschland im Bereich der Psychologie gelistet.
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2025	Tania Singer wird auf Research.com im Jahr 2024 in den Top 1000 WissenschaftlerInnen weltweit und in den Top 40 in Deutschland im Bereich der Psychologie gelistet.
2024	Tania Singer wird auf Research.com im Jahr 2024 in den Top 1200 WissenschaftlerInnen weltweit und in den Top 40 in Deutschland im Bereich der Psychologie gelistet.
2023	Tania Singer wird auf Research.com im Jahr 2023 in den Top 1200 WissenschaftlerInnen weltweit und in den Top 40 in Deutschland im Bereich der Psychologie gelistet.
2022	Tania Singer wird auf Research.com im Jahr 2022 in den Top 1000 WissenschaftlerInnen weltweit und in den Top 30 in Deutschland im Bereich der Psychologie gelistet.
2022	Phillip Sandblom Stipendium (20.000 SEK)
2021	Auszeichnung "Danke Skulptur" von Dr. Faraj Remmo
2018	Bellagio Center Residency, The Rockefeller Foundation, New York, NY, USA
2018	Sommer 2018 Bogliasco Fellowship, The Bogliasco Foundation, New York, NY, USA
2018	Wahl zu einer der 100 einflussreichsten Frauen in der Wirtschaft vom <i>ManagerMagazin</i>
2016	Wahl zu einer der 75 einflussreichsten Frauen in der Wirtschaft vom <i>ManagerMagazin</i>
2015	Wahl zu einer der 50 einflussreichsten Frauen in der Wirtschaft vom <i>ManagerMagazin</i>
2001	Otto Hahn Medaille der Max-Planck-Gesellschaft für die beste Dissertation des Jahres 2000

Aufsichtsratsmitgliedschaften und wissenschaftliche Gremien

2022 – 2025	Board Mitglied, Global Compassion Coalition, CA, USA
2021 – 2023	Wissenschaftliche Beraterin & Ko-Gründerin (ehrenhalber) von Humanize, Luxemburg
2021 – 2022	Wissenschaftliche Beraterin Benevolently, Delaware, MD, USA
seit 2021	Mitglied, T. Denny-Sanford-Institute for Empathy and Compassion, San Diego, CA, USA
seit 2020	Mitglied, Interdisziplinäres Forum Neurourbanistik, Berlin
seit 2020	Aufsichtsrat, Vivir Agradecidos Foundation, Buenos Aires, Argentina
seit 2019	Botschafterin, Gemeinwohl Ökonomie (GWÖ), Österreich

seit 2018	Ehrenmitglied, Mind & Life Europe, Winterthur, Schweiz
seit 2017	Mitglied, International Positive Psychology Association (IPPA), Melbourne, Australia
seit 2015	Ehrenmitglied, Österreichischer Bundesverband für Achtsamkeit/ Mindfulness (ÖBAM), Hellwang, Österreich
2014 – 2018	Vizepräsidentin des Aufsichtsrats, Mind & Life Europe, Winterthur, Schweiz
seit 2014	Beratendes Mitglied, European New Economics Research & Policy Network
seit 2013	Beiratsmitglied, Human Mind Project, London, United Kingdom
seit 2013	Mitglied, Young Academy of Europe (YAE), Europe
2012 – 2018	Aufsichtsrat, Mind & Life Institute (MLI), Charlottesville, VA, USA
2012 – 2014	Mitglied, European Advisory Committee, Mind & Life Europe, Winterthur, Schweiz
2011 – 2016	Mitglied, European Initiative for Integrative Psychological Science, Association for Psychological Science (APS)
2011 – 2019	Aufsichtsrats- und Fakultätsratsmitglied, International Max Planck Research School on Neuroscience of Communication: Function, Structure and its Plasticity (IMPRS NeuroCom), Leipzig
2010 – 2011	Forschungsgruppenleiterin, Center for Integrative Life Sciences (CILS), Berlin
2010 – 2019	Mitglied des Fakultätsrats und des wissenschaftlichen Rats, Berlin School of Mind and Brain
seit 2010	Mitglied, Association for Psychological Science (APS)
seit 2010	Mitglied, Mind & Life Institute (MLI), Hadley, MA, USA
seit 2009	Beiratsmitglied, Center for Compassion and Altruism Research and Education (CCARE), Stanford University School of Medicine, Stanford, CA, USA
seit 2008	Mitglied, The New York Academy of Sciences (NYAS)
seit 2006	Assoziiertes Mitglied, Institut Jean Nicod, Paris, Frankreich
seit 2006	Assoziiertes Mitglied, Swiss Centre for Affective Sciences, Genf, Schweiz

Organisation von Symposien, Konferenzen und Workshops

2022	Organisatorin und Gastgeberin des internationalen Symposiums "Suffering and Flourishing during the Covid-19 Pandemic", Berlin
2021	Planungskomitee, 2022 European Neurophenomenology, Contemplative, and Embodied Cognition Network (ENCECON) Workshop, Frankreich
2019	Planungskomitee European Neurophenomenology, Contemplative, and Embodied Cognition Network (ENCECON) Workshop, Schloss Buchenau,
2016	Ko-Organisatorin "Power and Care: A Mind & Life dialogue with H.H. the Dalai Lama", Brüssel, Belgien
2016	Ko-Organisatorin des Workshops "The European neurophenomenology, contemplative, and embodied cognition network (ENCECON)", Château de la Bourlie, Frankreich
2016	Ko-Organisatorin des Symposiums "Frontiers in cognitive neuroscience", Max Planck Institute for Human Cognitive and Brain Sciences, Leipzig, Germany
2014	Organisatorin des Workshops "Cutting edge research on human development: Learning, social cognition, action, and emotion", Max Planck Institute for Human Cognitive and Brain Sciences, Leipzig, Germany
2013	Ko-Organisatorin des "Mind & Life European symposium for contemplative studies", Berlin

- 2012 Mitglied des Steering Committee für "2012 International Symposia for Contemplative Studies", Denver, CO, USA
- 2011 Organisatorin des Workshops "How to train compassion", Berlin
- 2010 Ko-Organisatorin des Eröffnungssymposiums für das Labor zur Erforschung Sozialer und Neuronaler Systeme, Universität Zürich, Schweiz
- 2010 Ko-Organisatorin des Mind & Life XX Meeting "Altruism and compassion in economic systems: A dialogue at the interface of economics, neuroscience and contemplative sciences", Zurich, Schweiz (with H.H. the 14th Dalai Lama)
- 2008 Ko-Organisatorin des internationalen Symposiums "Foundations of human social behavior", Universität Zürich, Schweiz
- 2008 Chair des Symposiums "A common role of anterior insula in feelings, empathy, and risk?" Annual Meeting of the Cognitive Neuroscience Society (CNS), San Francisco, CA
- 2007 Chair (mit Klaus Scherer) für das eingeladene Symposium "New trends in affective and social sciences", 10th Congress of the Swiss Society of Psychology, "Differences, Diversity, and Change", Zurich, Schweiz
- 2007 Ko-Organisatorin des NCCR Affective Sciences Workshops "Empathy and prosocial behavior: Are they linked?", Genf, Schweiz
- 2005 Ko-Organisatorin des ICN Symposiums "Empathy and fairness", Institute of Cognitive Neuroscience (ICN), London, United Kingdom
- 2005 Ko-Organisatorin des Novartis Symposiums "Empathy and fairness", London, United Kingdom
- 2005/06 Organisatorin der "Social Club" Reihe, Institute of Cognitive Neuroscience, London, United Kingdom
- 2002/03 Organisatorin der "Brain meeting" Reihe, Wellcome Department of Imaging Neuroscience, London, United Kingdom

Tätigkeiten als Editorin

Ad Hoc Journal Reviewing

Brain, Brain Research, Cerebral Cortex, Philosophical Transactions of the Royal Society, Cognitive Brain Research, Consciousness and Cognition, Cortex, Current Biology, Current Opinion in Neurobiology, Emotion, European Journal of Neuroscience, Journal of Cognitive Neuroscience, Journal of Pain, Nature, Nature Communications, Nature Neuroscience, NeuroImage, Neuron, Neuropsychologia, Neuroreport, Neuroscience & Biobehavioral Reviews, Philosophical Transactions of the Royal Society, Physiology, PLoS Biology, PLoS ONE, Proceedings of the National Academy of Science, Psychological Bulletin, Psychological Science, Science, Scientific Reports, Social Cognitive and Affective Neuroscience, Social Neuroscience, The Journal of Neuroscience, Trends in Cognitive Sciences

Journal Editorial Board & Section Editing

- 2011 – 2017 Consulting Editor, *Emotion*
- 2009 Editorial Advisory Board Member, *The Year in Cognitive Neuroscience*
- 2008 Section Editor of the Special Section on Empathy, *Emotion* 8(6)
- 2008 – 2016 Consulting Editor, *Social Cognitive and Affective Neuroscience*
- 2006 – 2008 Associate Editor, *Social Cognitive and Affective Neuroscience*

Ausgewählte Medienberichterstattung

Ausgewählte internationale Medien (TV und Druck)

ARTE, NBC TV, ABC TV, BBC News 24, BBC World Service, BBC Radio 4 and 5, London Broadcast, Financial Times, Huffington Post, La Libre, Le Point, Le Figaro, National Geographic, Neue Züricher Zeitung, New Scientist, San Francisco Chronicle, St. Galler Tagblatt, The Guardian, The New York Times, The Times, Tribune de Genève, Science Magazine

Deutsche Printmedien

Berliner Zeitung, Die ZEIT, Die WELT, Der Spiegel, Der Tagesspiegel, EMMA, ManagerMagazin, Frankfurter Allgemeine Zeitung, Frankfurter Rundschau, Gehirn und Geist, GEO, Handelsblatt, Leipziger Volkszeitung, Max Planck Journal, moment by moment, Psychologie Heute, National Geographic, Süddeutsche Zeitung, Thüringische Landeszeitung, Vogue, WirtschaftsWoche

TV und Radio in Deutschland

ARTE, MDR, RBB, ZDF, 3sat, NDR, TSR1, SF1, BR-Alpha, Deutschlandradio, Radio Lotte Weimar, ORF1, rbbKultur

Internet

Huffington Post, FOCUS Online; heute.de, Project Syndicate, Science Daily, New Scientist, Psychology Today, Tagesspiegel Online, ZEIT Online

Podcast

Sidewalktalks, Weiter.Denken.Ordnern.Gestalten (AHG), Cuba Platform, Empathy Circle, SWR2 Wissen, Let's Staat, detox rebels, The Mindfulness Podcast, MeTAzeit, Hör mal Europa, World of Wisdom, detector.fm

Forschungsinteressen

Soziale und affektive Neurowissenschaften (soziale Emotionen wie Empathie, Mitgefühl, Plastizität des Gehirns, soziale Entscheidungsfindung, Entwicklung der sozialen Kognition, Psychopathologie des sozialen Gehirns)

Neuroökonomie, Fürsorgeökonomie und Kooperationsforschung

Kontemplative Neurowissenschaften, mentales Training, Achtsamkeit und dyadische Interventionen

Multimethodenansatz (funktionelle und strukturelle Bildgebung, MRT, rt-fMRI, TMS, Verhaltensparadigmen, Messungen von Hormonen und des autonomen Nervensystems, spieltheoretische und neuroökonomische Paradigmen, subjektive Messungen und Phänomenologie, Paradigmen der virtuellen Realität)

Publikationen

Bücher

- 11 **Singer, T.** (ed) (2022). *Das CovSocial Project: Interventionsprotokoll*. Berlin: Social Neuroscience Lab.
- 10 **Singer, T.,** Koop, S. & Godara, M. (2021). *Das CovSocial Project: How did the Berliners feel during Covid-19 pandemic?* Berlin: Social Neuroscience Lab.
- 9 **Singer, T.** (ed) (2020). *Das ReSource Projekt. Trainingshandbuch*. Berlin: Social Neuroscience Lab.
- 8 Ricard, M., **Singer, T.,** & Karius, K. (Hgs.) (2019). *Die Macht der Fürsorge. Wissenschaft und Buddhismus in Dialog mit dem Dalai Lama*. KNAUR.LEBEN.
- 7 Ricard, M., **Singer, T.,** & Karius, K. (Hgs.) (2019). *Power and care. Toward balance for our common future – Science, society, and spirituality. In dialogue with the Dalai Lama*. Boston, MA: MIT Press.
- 6 Ricard, M., **Singer, T.,** & Karius, K. (2018). *Pouvoir et altruisme*. Paris: Allary Éditions.

- 5 **Singer, T.**, Kok, B. E., Bornemann, B., Zurborg, S., Bolz, M., & Bochow, C. (2016). *The ReSource Project: Background, design, samples, and measurements*. Max Planck Institute for Human Cognitive and Brain Sciences, Leipzig.
- 4 **Singer, T.**, & Ricard, M. (Hgs.) (2015). *Caring economics: Conversations on altruism and compassion, between scientists, economists, and the Dalai Lama (pp. 240)*. New York: Picador.
- 3 **Singer, T.**, & Ricard, M. (Hgs.) (2015). *Mitgefühl in der Wirtschaft. Ein bahnbrechender Forschungsbericht (pp. 255)*. München: Knaus.
- 2 **Singer, T.**, & Bolz, M. (Hgs.) (2013). *Compassion: Bridging practice and science*. Retrieved from <http://www.compassion-training.org>. Leipzig: Max Planck Institute for Human Cognitive and Brain Sciences.
- 1 **Singer, T.**, & Bolz, M. (Hgs.) (2013). *Mitgefühl: In Alltag und Forschung*. Retrieved from <http://www.compassion-training.org>. Leipzig: Max Planck Institute for Human Cognitive and Brain Sciences.

Artikel in begutachteten Wissenschaftsjournalen

- 168 Mohn, J. J., Godara, M., Silveira, S., Matthaeus, H., **Singer, T.**, & Heim, C. (2025). Impact of childhood maltreatment on adult mental health trajectories during the COVID-19 pandemic. *Brain, Behavior, and Immunity*, 125, 444-451.
- 167 **Singer, T.** (2025). A neuroscience perspective on the plasticity of the social and relational brain. *Annals of the New York Academy of Sciences*, 1-23.
- 166 Puhlmann, L. M., Vrticka, P., Linz, R., Valk, S. L., Papassotiriou, I., Chrousos, G. P., Engert, V. & **Singer T.** (2024). Serum brain-derived-neurotrophic factor increase after 9-month contemplative mental training is associated with decreased cortisol secretion and increased dentate gyrus volume. *Biological Psychiatry Global Open Science*, 100414. doi:10.1016/j.bpsgos.2024.100414.
- 165 Valk, S. L., Engert, V., Puhlmann, L. M., Linz, R., Caldairou, B., ... , & **Singer T.** (2024). Differential increase of hippocampal subfield volume after socio-affective mental training relates to reductions in diurnal cortisol. *eLife*, 12: RP87634.
- 164 Matthaeus, H., Heim, C., Voelkle, M., & **Singer T.** (2024). Reducing Neuroendocrine Psychosocial Stress Response Through Socio-emotional Dyadic but not Mindfulness Online Training. *Frontiers in Endocrinology*, 15. 1277929.
- 163 Godara, M. & **Singer T.** (2024). 10-Week Trajectories of Candidate Psychological Processes Differentially Predict Mental Health Gains from Online Dyadic Versus Mindfulness Interventions: A Randomized Clinical Trial. *Journal of Clinical Medicine*, 13(11), 3295.
- 162 Matthaeus, H., Godara, M., Silveira, S., Hecht, M., Voelkle, M., & **Singer, T.** (2024). Reducing Loneliness through the Power of Practicing Together: A Randomized Controlled Trial of Online Dyadic Socio-Emotional vs. Mindfulness-Based Training. *International Journal of Environmental Research and Public Health*, 21(5), 570.
- 161 Schäfer, J., Engert, V., Valk, S., **Singer, T.** & Puhlmann, L. (2024). Mapping pathways to neural atrophy in healthy, mid-aged adults: from chronic stress to systemic inflammation to neurodegeneration? *Brain, Behaviour & Immunity – Health*, 38: 100781.

- 160 Godara, M., & **Singer, T.** (2024). Resilient Stress Reactivity Profiles Predict Mental Health Gains from Online Contemplative Training: A Randomized Clinical Trial. *Journal of Personalized Medicine*, 14(5), 493.
- 159 O'Malley, B., Linz, R., Engert, V., & **Singer, T.** (2024). Testing the monitor and acceptance theory: the role of training-induced changes in monitoring-and acceptance-related capacities after attention-based, socio-emotional, or socio-cognitive mental training in reducing cortisol stress reactivity. *Stress*, 27(1), 2345906.
- 158 Gallistl, M., Linz, R., Puhlmann, L., **Singer, T.** & Engert, V. (2024). Evidence for differential associations of distinct trait mindfulness facets with acute and chronic stress. *Psychoneuroendocrinology*, 166: 107051.
- 157 Schowe, A.M., Godara, M., Czamara, D., Adli, M., **Singer T.**, & Binder E. (2024). Genetic Predisposition for negative affect predicts mental health burden during the Covid-19 pandemic. *European Archives of Psychiatry and Clinical Neuroscience*. 1-13.
- 156 Godara, M., Hecht, M., & **Singer, T.** (2024). Training-related improvements in mental well-being through reduction in negative interpretation bias: A randomized trial of online socio-emotional dyadic and mindfulness interventions. *Journal of Affective Disorders*, 354, 662-672.
- 155 O'Malley, B., Linz, R., Engert, V., & **Singer, T.** (2024). -How do Mindfulness-based Trainings Reduce Physiological Stress? Assessing Changes in Attention and Acceptance Traits and Their Role in Cortisol Reduction. *Psychoneuroendocrinology*, 160, 106812.
- 154 Konrad, A., Förster, K., Stretton, J., Dalgleish, T., Böckler-Raettig, A., Trautwein, M.-F., **Singer, T.**, & Kanske, P. (2024). Risk Factors for Internalizing Symptoms: The Influence of Empathy, Theory of Mind, and Negative Thinking Processes. *Human Brain Mapping*. 45.3: e26576.
- 153 Silveira, S., Godara, M., Faschinger, A., & **Singer, T.** (2023). Reducing alexithymia and increasing interoceptive awareness: A randomized controlled trial comparing mindfulness with dyadic socio-emotional app-based practice. *Journal of Affective Disorders*, 341, 162-169.
- 152 Petzold, P., Silveira, S., Godara, M., Matthäus, H. & **Singer T.** (2023). Phenomenological fingerprints of app-based mental trainings: Differential changes in thought patterns and emotional well-being after mindfulness versus dyadic socio-emotional practice. *Scientific Reports*. 13(1), 13843.
- 151 Valk, S. L., Kanske, P., Park, B. Y., Hong, S. J., Böckler, A., Trautwein, F. M., ... & **Singer, T.** (2023). Functional and microstructural plasticity following social and interoceptive mental training. *Elife*, 12, e85188.
- 150 Silveira, J., Hecht, M., Voelkle, M. & **Singer, T.** (2023). Tend-and-befriend and rally around the flag effects during the COVID-19 pandemic: Differential longitudinal change patterns in multiple aspects of social cohesion. *European Journal of Social Psychology*.
- 149 Lantos, D., Costa, C., Briglia, M., Molenberghs, P., Kanske, P. & **Singer, T.** (2023). *Introducing the English EmpaToM task: A tool to assess empathy, compassion, and theory of mind in fMRI studies. NeuroImage: Reports*, 3(3), 100180
- 148 Silveira, J., Godara, M., & **Singer, T.** (2023). Boosting empathy and compassion through mindfulness-based and socio-emotional dyadic practice: A randomized control trial with app-delivered trainings. *Journal of Medical Internet Research*, 25, e45027.

- 147 Liebmann, C., Konrad, A., **Singer, T.** & Kanske P. (2023). Differential reduction of psychological distress by three different types of meditation-based mental training programs: A randomized clinical trial. *International Journal of Clinical and Health Psychology*, 23, 100388.
- 146 Godara, M., Rademacher J., Hecht, M., Silveira, S., Voelkle, M. & **Singer, T.** (2023). Heterogeneous Mental Health responses to the Covid-19 pandemic in Germany: An examination of long-term trajectories, risk factors, and vulnerable groups. *Healthcare* (11), 1305.
- 145 Degering, M., Linz, R., Puhlmann, L. M., **Singer, T.**, & Engert, V. (2023). Revisiting the stress recovery hypothesis: Differential associations of cortisol stress reactivity and recovery after acute psychosocial stress with markers of long-term stress and health. *Brain, Behavior, & Immunity-Health*, 100598.
- 144 Engert, V., Hoehne, K., & **Singer, T.** (2023). Specific Reduction in the Cortisol Awakening Response after Socio-Affective Mental Training. *Mindfulness*, 1-14.
- 143 Timmermann, C., Bauer, P. R., Gosseries, O., Vanhaudenhuyse, A., Vollenweider, F., Laureys, S., ..., **Singer, T.**, ... & Lutz, A. (2022). A neurophenomenological approach to non-ordinary states of consciousness: hypnosis, meditation, and psychedelics. *Trends in cognitive sciences*.
- 142 Blasberg, J., Kanske, P., Böckler, A., Trauwein, F-M, **Singer, T.** & Engert, V. (2022). Associations of social processing abilities with psychosocial stress sensitivity. *Comprehensive Psychoneuroendocrinology*. doi: 10.1016/j.cpnec.2022.100159
- 141 Godara, M., Silveira, S., Matthäus H., & **Singer T.** (2022). The Wither or Thrive Model of Resilience: An integrative framework of dynamic vulnerability and resilience in the face of repeated stressors during the COVID-19 Pandemic. *Journal of Adversity & Resilience Science*. 1-22.
- 140 Linz, R., Puhlmann, L. M., Engert, V., & **Singer, T.** (2022). Investigating the impact of distinct contemplative mental trainings on daily life stress, thoughts and affect – evidence from a nine-month longitudinal ecological momentary assessment study. *Psychoneuroendocrinology*. 105800. doi: 10.1016/j.psyneuen.2022.105800
- 139 Hoehne, K., Vrticka, P., Engert, V. & **Singer, T.** (2022). Plasma oxytocin is modulated by mental training, but does not mediate its stress-buffering effect. *Psychoneuroendocrinology*, 105734.
- 138 Silveira, S. J., Hecht, M., Matthäus, H., Adli, M., Voelkle, M. C. & **Singer, T.** (2022). Coping with the COVID-19 Pandemic: Perceived Changes in Psychological Vulnerability, Resilience and Social Cohesion before, during and after Lockdown. *International Journal of Environmental Research and Public Health*, 19(6).
- 137 Silveira, S. J., Hecht, M., Adli, M., Voelkle, M. & **Singer, T.** (2022) Exploring the Structure and Interrelations of Time-Stable Psychological Resilience, Psychological Vulnerability, and Social Cohesion. *Frontiers in Psychiatry*.
- 136 Godara, M., Silveira, S., Matthäus, H., Heim, C., Voelkle, M., Hecht, M., Binder, E., & **Singer, T.** (2021). Investigating differential effects of socio-emotional and mindfulness-based online interventions on mental health, resilience and social capacities during the COVID-19 pandemic: The study protocol. *PlosOne*. doi: 10.1371/journal.pone.0256323
- 135 Böckler-Raettig, A. & **Singer T.** (2021). Longitudinal Evidence for Differential Plasticity of Cognitive Functions: Mindfulness-based mental training enhances working memory, but not perceptual discrimination, response inhibition and metacognition. *Journal of Experimental Psychology: General*.
- 134 Maier, A.; Preckel, K.; Ihle, K.; Piecha, F.; Junghanns, K.; Reiche, S.; Rademacher, L.; Müller-Pinzler, L.; Stolz, D.; Kamp-Becker, I., ..., **Singer, T.**, ..., & Krach, S. (2021). Assessment of reward-related brain function after a single-dose of oxytocin in autism: a randomized controlled trial. *Biological Psychiatry*.

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Eingeladene Keynote Vorträge

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|------|---------|--|
| 302. | 07/2026 | Keynote, Disputationes Salzburger Festspiele, Salzburg, Österreich |
| 301. | 07/2026 | Vortrag, David 100, St. Gilgen, Österreich |
| 300. | 07/2026 | Welcome Talk, David 100, St. Gilgen, Österreich |
| 299. | 07/2026 | Vortrag, Summer of Purpose Festival, München |
| 298. | 06/2026 | Keynote, 44. Goldegger Dialoge, Goldegg, Österreich |
| 297. | 05/2026 | Keynote, SLOW Festival, Schloss Elmau |

- 296. 03/2026 Keynote, Österreichische Gesellschaft für Osteopathie, Wien, Österreich
- 295. 01/2026 Vortrag, Schulleiterdialog, Rosenheim
- 294. 12/2025 Keynote, DVR Arena (Deutscher Verkehrssicherheitsrat), Berlin
- 293. 12/2025 Keynote, DIVI Kongress, Hamburg
- 292. 11/2025 Vortrag, 2. Kongress der Société Française d'Oncologie Intégrative (SFOI), Paris, Frankreich
- 291. 11/2025 Keynote, Forschungs- und Innovationszentrum, Paracelsus Medizinische Universität, Salzburg, Österreich
- 290. 10/2025 Vortrag, Inner Peace Festival der Zariya Foundation (online)
- 289. 09/2025 Vortrag, Zariya Foundation, Zürich, Schweiz
- 288. 09/2025 Vortrag, Münsterlinger Lectures, Spital Thurgau AG, Schweiz (online)
- 287. 09/2025 Keynote, Ars Electronica 2025, Linz, Österreich
- 286. 07/2025 Keynote DQS Audit Tagung, Seeheim
- 285. 06/2025 Keynote, Einstein Forum, Potsdam
- 284. 06/2025 Public Talk, Bodhitse, Bhutan
- 283. 06/2025 Keynote, Bhutan Mediation Conference, Thimpu, Bhutan
- 282. 05/2025 Vortrag & Diskussion, Europakloster Gut Aich, Österreich
- 281. 05/2025 Vortrag, Early Life Care Konferenz, Salzburg, Österreich
- 280. 05/2025 Idealab & Keynote, Meditation & Wissenschaft Konferenz, Berlin
- 279. 05/2025 Keynote, Mindshift Festival, Berlin
- 278. 04/2025 Panel, Urban Health Summit, BBAW, Hannover
- 277. 11/2024 Panel, Berlin Science Week, Berlin
- 276. 10/2024 Keynote & Panel, Tomorrow Mind Festival, Bregenz, Österreich
- 275. 10/2024 Keynote, Der Klang von Freiheit und Mitgefühl, Oper Frankfurt, Frankfurt a.M.
- 274. 09/2024 Panel, ETH DRRS CAS2, Neuroscience and Behavioral Change, Zürich, Schweiz (online)
- 273. 09/2024 Keynote, International Academy of Transformational Leadership; Oper Graz, Österreich
- 272. 08/2024 Keynote, Tage der Dankbarkeit, Europakloster Gut Aich, Österreich
- 271. 07/2024 Keynote, Université Côte d'Azur, Nizza, Frankreich

- 270. 05/2024 Keynote, re:publica 2024, Berlin, Deutschland
- 269. 05/2024 Podiumsdiskussion, Global Solution Summit, Berlin Deutschland
- 268. 11/2023 Keynote, Wellbeing Summit, Brüssel, Belgien
- 267. 11/2023 Podiumsdiskussion, FRG and NATO Botschafter, Brüssel, Belgien
- 266. 10/2023 Keynote, World's Meeting of Values, Monterrey, Mexiko
- 265. 10/2023 Keynote, Contemplation by Design Summit, Stanford, USA (online)
- 264. 10/2023 Keynote, Friedenskonferenz, Berlin
- 263. 10/2023 Keynote, Entrepreneur Summit, Berlin
- 262. 10/2023 Talk, Albert Einstein Institut, MPI for Gravitational Physics, Gol
- 261. 09/2023 Podiumsdiskussion, dm Gesundheitswoche, Berlin
- 260. 07/2023 Podiumsdiskussion und Keynote, Annual IPPA Conference, Vancouver, Canada
- 259. 07/2023 Vortrag, Joyous Celebration Conference, Vancouver Canada
- 258. 06/2023 Vortrag, Achtsamkeitskreis, Freiburg, Germany
- 257. 06/2023 Keynote, PXP Festival, Berlin, Germany
- 256. 05/2023 Keynote, 34 Boston Trauma Conference, Boston, USA
- 255. 05/2023 Keynote, Österreichn Health Forum, Schladming, Österreich
- 254. 04/2023 Keynote, "20 Jahre Tage der Utopie", St. Arbogast, Österreich
- 253. 04/2023 Keynote, Mindfulness Symposium, Istanbul, Turkey
- 252. 03/2023 Keynote, Symposium, Prague, Tschechische Republik
- 251. 12/2022 Welcome Talks und Podiumsdiskussion, Symposium, Berlin
- 250. 10/2022 Special Dialogue „Joy Summit“, Dharamsala, Indien
- 249. 09/2022 Yehuda Elkana Forum, Berlin
- 248. 09/2022 Othering and Belonging Meeting, Berlin
- 247. 09/2022 European Mental Health Conference, Lissabon, Portugal
- 246. 09/2022 Biocamp, Genf, Schweiz
- 245. 09/2022 Creative Economics Forum, Zurich, Schweiz
- 244. 08/2022 36x36 Conference, St. Arbogast, Österreich
- 243. 06/2022 Sydvestjysk Hospital, Aarhus, Dänemark (online)

- 242. 06/2022 Meditation Conference, Seoul, Korea (online)
- 241. 05/2022 Mount Madonna Center, Watsonville, USA
- 240. 05/2022 CCARE, Stanford, USA
- 239. 05/2022 Othering and Belonging Institute, Berkeley, USA
- 238. 05/2022 International Boston Trauma Conference, Boston, USA
- 237. 05/2022 Harvard Medical School, Cambridge, USA (online)
- 236. 05/2022 Keynote, Birgit Segerfeld Conference on Neuroscience, Lund, Schweden
- 235. 11/2021 ACC Compassion Research Conference, Sydney, Australien (online)
- 234. 10/2021 Keynote, Entrepreneur Summit, Berlin
- 233. 10/2021 Empathy Conference, DAI, Heidelberg (online)
- 232. 10/2021 Lecture Series, How to Academy, London, UK (online)
- 231. 09/2021 Lecture Series, Novartis Forum, Basel, Schweiz (online)
- 230. 06/2021 Scientific Panel, Academy for Neuroscientific Education Management (AFNB), Heidelberg,(online)
- 229. 05/2021 International Boston Trauma Conference, Boston, USA (online)
- 228. 04/2021 Lecture Series, European Commission, Brüssel, Belgien (online)
- 227. 04/2021 Speaker Series, McLean Hospital/Harvard Medical School Center for Depression, Anxiety, and Stress Research's (CDASR) (online)
- 226. 03/2021 Panel, Pioneers in Education, Berlin (online)
- 225. 01/2021 Lecture Series "Neuro Design", Hasso Plattner Institut, Potsdam (online)
- 224. 11/2020 Orchestrating Winning Performance, IMD, Lausanne, Schweiz (online)
- 223. 11/2020 Continental Trendcamp 2020, Regensburg (online)
- 222. 11/2020 Association of specialists for psychosomatic meditation and psychotherapy, Berlin (online)
- 221. 10/2020 Empathy Conference, DAI, Heidelberg
- 220. 09/2020 Mindful Doctor Conference, Berlin
- 219. 06/2020 Orchestrating Winning Performance, IMD, Lausanne, Schweiz (online)
- 218. 06/2020 Digitalität20, #schuleneudenken, Deutsches Kanzleramt, Berlin (online)
- 217. 05/2020 International Boston Trauma Conference, Boston, USA (online)

- 216. 11/2019 Vivir Agradecidos, Metta-Aprendizaje Project, General Pacheco, Buenos Aires, Argentinien
- 215. 11/2019 Conferencia Bienestar Docente y Neurociencias, Buenos Aires, Argentinien
- 214. 11/2019 Educando a Nuestro Futuro, The Learner Space, Buenos Aires, Argentinien
- 213. 11/2019 Cordoba State University, Cordoba City, Argentinien
- 212. 11/2019 Federal Ministry of Education from Argentina, Buenos Aires, Argentinien
- 211. 11/2019 Red de Escuelas de Aprendizaje, Educational Assessment and New Educational Projects, Buenos Aires Province, Argentinien
- 210. 10/2019 Panel, Contemplative Science Symposium, Mind and Life Europe, Fürstenfeldbruck
- 209. 10/2019 Panel, Science Art Meditation (SAM), Strasbourg, Frankreich
- 208. 10/2019 Institut Francais du Leadership Positif, Lyon, Frankreich
- 207. 10/2019 Neurourbanistics Forum, Fliedner Clinics, Berlin
- 206. 08/2019 Sophien & Hufeland Clinic, Weimar
- 205. 08/2019 Webbased Psychotherapy, Fliedner Clinics, Berlin
- 204. 07/2019 Tech Open Air Conference, Berlin
- 203. 06/2019 Wisdom Together Conference, München
- 202. 06/2019 Cortona Week 2019, Todi, Italien
- 201. 05/2019 Achtsamkeit, Heiligenfelder Kongress, Bad Kissingen
- 200. 09/2018 Vivir agradecidos, Buenos Aires, Argentinien
- 199. 09/2018 Neurociencias Contemplativas, Isla El Descanso, Buenos Aires, Argentinien
- 198. 09/2018 Educating our Future, CCK, Buenos Aires, Argentinien
- 197. 05/2018 Bundesverteidigungsministerium
- 196. 04/2018 Bogliasco Fellowship, Italien
- 195. 04/2018 National Institutes of Health (online Roundtable)
- 194. 11/2017 Contemplative Sciences Center, University of Virginia, Charlottesville, VA, USA
- 193. 11/2017 Symposium "The science of mindfulness and compassion", Harvard University, Cambridge, MA, USA
- 192. 11/2017 Massachusetts Institute of Technology, Cambridge, MA, USA
- 191. 11/2017 Yale Social Current Works Series, Yale University, New Haven, CT, USA

190. 11/2017 MITx ULab Live Session, Cambridge, MA, USA
189. 10/2017 Plenary Talk, Harvard Medical School Interprofessional Education Conference, Boston, MA, USA
188. 10/2017 Internal Family Systems Annual Conference "Self-led activism: Releasing your inner change agent", Providence, RI, USA
187. 10/2017 Center for Healthy Minds, University of Madison-Wisconsin, Madison, WI, USA
186. 07/2017 5th World Congress on Positive Psychology, Montreal, QC, Canada
185. 06/2017 Lecture, Mind & Life Summer Research Institute 2017 on Intersubjectivity and Social Connectivity
184. 05/2017 Lecture, "The brains that pull the triggers – 3rd Paris Conference on Syndrom E", Paris, Frankreich
183. 03/2017 Keynote Lecture, 59th Conference of Experimental Psychologists (Tagung experimentell arbeitender Psychologen; TeaP), Dresden
182. 03/2017 Lecture, The Berkeley Psychophysiology Laboratory, University of California, Berkeley, CA, USA
181. 03/2017 Keynote Lecture, 10th Annual Meeting of the Social and Affective Neuroscience Society (SANS), Los Angeles, CA, USA
180. 02/2017 Workshop, Oxford Masterclass, Oxford Mindfulness Centre, UK
179. 01/2017 Keynote Lecture, Budapest CEU Conference on Cognitive Development (BCCCD), Budapest, Ungarn
178. 12/2016 Keynote Lecture, Hertie Institute for Clinical Brain Research, Tübingen
177. 11/2016 Talk, Meditation und Wissenschaft, Interdisziplinärer Kongress zur Meditations- und Bewusstseinsforschung, Berlin
176. 11/2016 Congress of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN), Berlin
175. 10/2016 Mindsight Congress, Berlin
174. 10/2016 Center for Mindfulness, Worcester, MA, USA
173. 10/2016 Center for Mindfulness and Compassion, Somerville, MA, USA
172. 10/2016 Brown University, Providence, RI, USA
171. 10/2016 Center for Compassion and Altruism Research and Education, Harvard Medical School, Boston, MA, USA
170. 10/2016 Institute for Advanced Sustainability Studies e. V. (IASS), Potsdam
169. 09/2016 Opening of the Leipzig Research Center for Early Child Development, Leipzig

168. 09/2016 50th Congress of German Society for Psychology, Leipzig
167. 09/2016 Meeting with H. H. the 14th Dalai Lama, Strasbourg, Frankreich
166. 09/2016 ERC Scientific Seminars, Brüssel, Belgien
165. 09/2016 Power and Care Conference. "A Mind & Life Dialogue with H. H. the Dalai Lama", Brüssel, Belgien
164. 04/2016 The European Neurophenomenology, Contemplative, and Embodied Cognition Network (ENCECON), Château de la Bourlie, Urval, Frankreich
163. 11/2015 Keynote Lecture, Central Institute of Mental Health (Zentralinstitut für Seelische Gesundheit), Scientific Symposium „WISSEN.SCHAFT.GESUNDHEIT“, Mannheim
162. 11/2015 Global Social Business Summit, Berlin
161. 10/2015 Global Economic Symposium (GES), Kiel
160. 08/2015 Mind & Life European Summer Research Institute (ESRI), Chiemsee
159. 07/2015 Keynote Lecture, International Society for Research on Emotion (ISRE), Genf, Schweiz
158. 06/2015 University of Oxford, UK
157. 06/2015 Institute of Government, London, UK
156. 06/2015 Institute of Philosophy, School of Advanced Study, University of London, UK
155. 06/2015 MRC Social, Genetic, & Developmental Psychiatry (SGDC) Centre, Institute of Psychiatry, King's College London, UK
154. 06/2015 Institute of Cognitive Neuroscience, University College London, UK
153. 06/2015 Psychotherapeutenkammer, Berlin
152. 05/2015 BDVT Camp, Berlin
151. 04/2015 4th Annual Lecture in Cognitive Science, Colloquium, University of Vienna, Österreich
150. 04/2015 Tage der Utopie, St. Arbogast, Österreich
149. 04/2015 Novartis, Basel, Schweiz
148. 03/2015 International Convention on Psychological Science (ICPS), Amsterdam, Niederlande
147. 02/2015 LEAD, Leadership Symposium, Berlin
146. 02/2015 Berlin symposium "Towards an ecology of life and mind: Bridging being and doing in shifting times", Berlin
145. 01/2015 45th Annual Meeting of the World Economic Forum (WEF), Davos, Schweiz

144. 12/2014 LeWeb, Paris, Frankreich
143. 12/2014 DEC Colloquium, Cognitive Science Department, École Normale Supérieure (ENS), Paris, Frankreich
142. 11/2014 Congress of the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN), Berlin
141. 11/2014 8th MBSR-MBCT Conference, Leipzig
140. 11/2014 Colloquium, Department of Psychology, Harvard University, Cambridge, MA, USA
139. 11/2014 Mind & Life Institute, Amherst College, MA, USA
138. 11/2014 Keynote Talk, International Symposium for Contemplative Studies (ISCS), Boston, MA, USA
137. 10/2014 Congress "Brain circuits for positive emotions", Monte Verità, Ascona, Schweiz
136. 09/2014 Wisdom2.0 – Fostering Wisdom & Wellness in the Technology Age, Google, Dublin, Irland
135. 08/2014 Mind & Life European Summer Research Institute (ESRI) "Towards a contemplative science in Europe", Frauenchiemsee
134. 07/2014 Symposium "Vertrauen: Erosion eines Grundpfeilers unseres gesellschaftlichen Zusammenhalts?", Alfred Herrhausen Society, Berlin
133. 06/2014 Netzwerktreffen, St. Arborgast, Österreich
132. 06/2014 Satellite Symposium "New perspectives and future directions in social neuroscience", Marburg
131. 04/2014 Society for Affective Science (SAS), Washington, DC, USA
130. 04/2014 2nd Spirit of Humanity Forum "The power of love and compassion in governance – Sharing actions for effective change", Reykjavik, Island
129. 01/2014 44th Annual Meeting of the World Economic Forum (WEF), Davos, Schweiz
128. 01/2014 DLD14 Conference, München
127. 10/2013 Semester Opening Lecture, Berlin School of Mind and Brain, Berlin
126. 10/2013 Planning Meeting for a MaxNetIdentity, MPG-Wissenschaftsforum, Berlin
125. 10/2013 Symposium for Contemplative Studies, Mind & Life Europe, Berlin
124. 10/2013 Global Economic Symposium (GES), Kiel
123. 10/2013 Kongress "Achtsamkeit und Mitgefühl in Medizin, Therapie und Gesellschaft", Freiburg
122. 06/2013 Symposium "Fostering learning through emotions and immersive environments", Genf, Schweiz

121. 05/2013 4th International Forum on Buddhism and Medicine “Empathy, compassion and health”, Lerab Ling, Frankreich
120. 05/2013 3rd Symposium on Biology of Decision-Making (SBDM), Paris, Frankreich
119. 04/2013 “Processwork meets science – Focus empathy”, Hanuman Institute, Berlin
118. 01/2013 Delhi University, Delhi, Indien
117. 01/2013 Mind & Life XXVI Conference “Mind, brain, and matter”, Drepung Monastery, Mundgod, Karnataka, Indien
116. 10/2012 Global Economic Symposium (GES), Rio de Janeiro, Brasilien
115. 07/2012 ASSC16 Association for the Scientific Study of Consciousness, Brighton, UK
114. 06/2012 Technische Universität München
113. 06/2012 Evangelische Stadtakademie, München
112. 06/2012 Süddeutsche Zeitung Auditorium, München
111. 06/2012 Ludwig Maximilians Universität, München
110. 06/2012 Presencing Global Forum, Berlin
109. 05/2012 Bauhaus University Weimar
108. 04/2012 International Symposia for Contemplative Studies, Denver, CO, USA
107. 04/2012 Social & Affective Neuroscience Meeting (SAN), New York, NY, USA
106. 03/2012 Brain Awareness Week, Urania, Berlin
105. 02/2012 Max Planck Forum, Berlin
104. 02/2012 Institute Colloquium, Humboldt-Universität zu Berlin
103. 02/2012 Bühlerkolloquium, Technische Universität Dresden
102. 01/2012 42nd Annual Meeting of the World Economic Forum, Davos, Schweiz
101. 10/2011 MBSR-MBCT Conference 2011, Berlin
100. 10/2011 International Symposium “Neurobiological correlates of social relations”, Freiburg
99. 09/2011 Conference “Prendre soin de soi, prendre soin des autres”, Brüssel, Belgien
98. 09/2011 43rd European Brain and Behaviour Society Meeting, Sevilla, Spanien
97. 07/2011 Workshop “How to train compassion”, Berlin

96. 07/2011 EASP pre-conference "Social psychology and the neurosciences: Perspectives and pitWinters", Stockholm, Schweden
95. 07/2011 Conference "Empathy and the blocking of empathy", Berlin
94. 05/2011 Conference "Implications of research on the neuroscience of affect, attachment and social cognition", London, UK
93. 04/2011 Workshop "The social brain", Cambridge, UK
92. 03/2011 Conference "Opportunities and challenges in social neuroscience", Utrecht, Niederlande
91. 03/2011 Anniversary Symposium of the Freiburger Ausbildungsinstitut für Verhaltenstherapie, Albert Ludwig University Freiburg
90. 02/2011 4th Scientific Meeting for Autism Spectrum Conditions (WTAS), Berlin
89. 02/2011 Minisymposium "Neuro- und Verhaltensbiologie", Berlin-Brandenburg Academy of Sciences and Humanities (BBAW), Berlin
88. 02/2011 Colloquium at the Max Planck Institute for Psychiatry, München
87. 01/2011 41st Annual Meeting of the World Economic Forum, Davos, Schweiz
86. 01/2011 6th Edition of the Alpine Brain Imaging Meeting, Champéry, Schweiz
85. 12/2010 Conference "New frontiers in brain research", Berlin
84. 12/2010 Conference "The second person perspective", Berlin
83. 11/2010 Congress "Meditation & Wissenschaft", Berlin
82. 11/2010 Symposium "Interacting minds: An interdisciplinary approach to social cognition", Berlin
81. 11/2010 Berlin Alexithymia Conference 2010
80. 11/2010 Wintering Walls 2010 – The Berlin Conference on Future Breakthroughs in Science and Society, Berlin
79. 11/2010 Congress "Anxiété < > Dépression: Dimensions relationnelles", Association Française des Troubles Anxieux et de la Dépression (AFTAD), Paris, Frankreich
78. 10/2010 Laudation, Fairness Stiftung, Frankfurt
77. 10/2010 Symposium "The embodied mind: Perspectives and limitations", Radboud University, Nijmegen, Niederlande
76. 09/2010 INCORE Conference "Cooperation: An interdisciplinary dialogue", Budapest, Ungarn
75. 06/2010 Nobel Forum, Karolinska Institute (200-year anniversary), Stockholm, Schweden
74. 05/2010 3rd Annual Meeting of the Law and Neuroscience Project (supported by the MacArthur Foundation), Santa Barbara, CA, USA

73. 05/2010 Center for Compassion and Altruism Research and Education (CCARE) Meng-Wu Lecture Series, Stanford University School of Medicine, Stanford, CA, USA
72. 05/2010 Sage Center for the Study of the Mind, University of California, Santa Barbara, CA, USA
71. 04/2010 Mind & Life XX Conference "Altruism and compassion in economic systems: A dialogue at the interface of economics, neuroscience and contemplative sciences", Zurich, Schweiz
70. 03/2010 "Meditation, empathy, and embodiment" (12th Meeting of the Junior Researchers' Group Philosophy of the Mind), University Hospital Zurich, Schweiz
69. 12/2009 University of Konstanz
68. 08/2009 Conference "Compassion", Max Planck Institute for Human Development, Berlin
67. 06/2009 Conference "Doing emotions: Past, present, and future", Max Planck Institute for Human Development, Berlin
66. 06/2009 Conference "The primate mind: Built to connect with other minds" (organized by F.B.M. de Waal, Yerkes National Primate Research Center, Emory University, Atlanta, & P.F. Ferrari, Università degli studi di Parma), Erice, Sicily, Italien
65. 05/2009 Stockholm Brain Institute Lecture, Karolinska University Hospital, Stockholm, Schweden
64. 03/2009 Compassion Definitions Conference, Stanford University, CA, USA
63. 01/2009 Inaugural Conference on Buddhism and Science (with Tenzin Gyatso, H. H. the 14th Dalai Lama), Central University of Tibetan Studies, Sarnath, Indien
62. 12/2008 Conference of the Dutch Scientific Social Psychology Association, VU University Amsterdam, Niederlande
61. 11/2008 Symposium "Cognitive neuroscience: From molecule to man" (on the occasion of the opening of the Donders Institute for Brain, Cognition and Behaviour), Radboud University Nijmegen, Niederlande
60. 11/2008 Conference "Values and empathy across social barriers: A neurocognitive approach to fairness: The first Barcelona social neuroscience conference" Fundació "La Caixa", The Science Museum of the Caixa Foundation, Barcelona, Spanien
59. 10/2008 2nd Annual Conference on Happiness & Its Causes, World Happiness Forum, London, UK
58. 09/2008 European Science Foundation Exploratory Workshop on Mirror Neurons and Social Cognition, Turin, Italien
57. 09/2008 Cortona 2008: "Belief vs. knowledge", Cortona, Italien
56. 08/2008 8th International Congress of the F. M. Alexander Technique, Lugano, Schweiz

55. 05/2008 Max Planck Institute for Human Cognitive and Brain Sciences, Leipzig
54. 04/2008 Free University, Berlin
53. 04/2008 Mind & Life Meeting with H.H. the 14th Dalai Lama, Ann Arbor, MI, USA
52. 04/2008 Department of Psychiatry, University of California, San Francisco, CA, USA
51. 03/2008 BrainFair 2008: Emotions, Universität Zürich, Schweiz
50. 03/2008 Interacting Minds Project, Aarhus University Hospital, Aarhus C, Dänemark
49. 11/2007 The Compassionate Mind (with Matthieu Ricard, Tibet), Dana Centre, London, UK
48. 11/2007 Max Planck Institute for Evolutionary Anthropology, Leipzig
47. 10/2007 Max Planck Institute for Human Development, Berlin
46. 10/2007 Presidential Lecture at the German Pain Congress, Berlin
45. 09/2007 Neuroscience Center Zürich (ZNZ) Symposium 2007, Universität Zürich, Schweiz
44. 07/2007 Summer camp "Synergy: The intelligence of the collective", Center for Experimental Societal Design (ZEGG), Belgiz
43. 07/2007 University Clinic Hamburg-Eppendorf, Research Focus Group: Neurosciences, Hamburg
42. 07/2007 Neurofinance Symposium, Zürich, Schweiz
41. 06/2007 Ernst Strüngmann Forum, Frankfurt Institute for Advanced Studies (FIAS), Frankfurt/Main
40. 06/2007 6th Zurich Symposium for Clinical Psychiatry, Psychiatric University Clinic, Zurich, Schweiz
39. 05/2007 NCCR Affective Sciences Workshop "Empathy and prosocial behavior: Are they linked?", Genf, Schweiz
38. 04/2007 Conference "Mind & Life XIV: A dialogue on the universe in a single atom" (with Tenzin Gyatso, H. H. the 14th Dalai Lama), Dharamsala, Indien
37. 03/2007 Biology of Prosocial Behavior Workshop, Consulate of Schweiz, Swiss House for Advanced Research and Education (SHARE), Cambridge, MA, USA
36. 02/2007 "Social brain" Neurology Symposium, Valens, Schweiz
35. 01/2007 Collegium Helveticum Lectures „Gefühle zeigen – Manifestationsformen emotionaler Prozesse“, Zürich, Schweiz
34. 12/2006 GlaxoSmithKline Advanced Lectures on Clinical and Experimental Neurology, "Social Cognition", London, UK
33. 07/2006 Max Planck Institute for Human Development, Berlin, Germany

32. 04/2006 Health Emotion Symposium: Social Brain, Madison, WI, USA
31. 04/2006 UK–German Frontier of Science Meeting, Cambridge, UK
30. 03/2006 Gruter Institute, Cambridge, UK
29. 03/2006 Brain Awareness Week, Rome, Italien
28. 03/2006 Institut Jean Nicod, Paris, Frankreich
27. 01/2006 McGovern Institute for Brain Research at MIT, Boston, MA, USA
26. 12/2005 International Workshop “Contribution of mirroring processes to human mindreading”, Château de Maffliers, Frankreich
25. 10/2005 Novartis Symposium “Empathy and fairness”, London, UK
24. 06/2005 Institut des Sciences Cognitives, Lyon, Frankreich
23. 05/2005 Brain Meeting, Wellcome Department of Imaging Neuroscience, London, UK
22. 05/2005 Institute of Psychiatry, München
21. 05/2005 Bernard Wolfe Health Neuroscience Symposium, Cambridge, UK
20. 04/2005 Helmholtz Club, University of California, Irvine, CA, USA
19. 04/2005 Brain Research Institute, University of California, Los Angeles, CA, USA
18. 04/2005 California Institute of Technology, Pasadena, CA, USA
17. 04/2005 Salk Institute, La Jolla, CA, USA
16. 03/2005 Cognitive Brain Seminar, University of Genf, Schweiz
15. 03/2005 L’altruism: ses mecanismes et ses fonctions, Veme Recontre du Group “Cerveau-Esprit”, Sion, Schweiz
14. 01/2005 Neuroscientific Foundations of Economics, Annual Meeting of the American Economic Association, Philadelphia, PA, USA
13. 11/2004 Academia Helvetica, Zürich, Schweiz
12. 09/2004 Symposium “Brain-behavior dynamics across the lifespan: Methods and concepts”, Max Planck Institute for Human Development, Berlin-Doelln
11. 05/2004 School of Psychology, University of Wales, Bangor, UK
10. 02/2004 Symposium “The emotional basis of cooperation and punishment”, Santa Fe Institute, Santa Fe, New Mexico, USA
9. 02/2004 Institute of Psychology, University of Vienna, Österreich
8. 01/2004 Symposium “Dance and the brain”, Bockenheimer Depot, Municipal Theater and Opera, Frankfurt am Main

7. 01/2004 Symposium "Neuroscience and economics", Functional Imaging Laboratory, London, UK
6. 10/2003 Methods Seminar, Wellcome Department of Imaging Neuroscience, London, UK
5. 09/2002 Summer school entitled "Young academy of emotions", Villa Vigoni, Lovenio di Menaggio (Como), Italien
4. 09/2002 43rd Meeting of the German Psychological Society (DGPs), Berlin
3. 10/2001 Department of Psychology, Philipp University Marburg
2. 07/2001 3rd International Conference on Memory, Valencia, Spanien
1. 03/2001 5th Biennial Meeting of the German Society for Gerontopsychiatry and -psychotherapy (DGGPP), Berlin

Lehrtätigkeiten

67. Workshop, David 100, St. Gilgen, Österreich, Juli 2026
66. Dyadenworkshop, Swiss Center for Mindfuness, Zürich, Schweiz, Juni 2026
65. Dyadenworkshop, 44. Goldegger Dialoge, Goldegg, Österreich, Juni 2026
64. Workshop, MBSR-Ausbildung, Berlin, März 2026
63. ReConnect Kurs, Heart2Business, Salzburg, Österreich, September 2025
62. Workshop, Mindfulness Swiss, Zürich, Schweiz, September 2025
61. Workshop, Khesar Gyalpo University of Medical Sciences, Bhutan, Juni 2025
60. Practical Session, Bhutan Mediation Conference, Thimpu Bhutan, Juni 2025
59. Workshop, Europakloster Gut Aich, Österreich, Mai 2025
58. *How to train the Social Brain - The Neuroscience of Empathy, Compassion Caring Systems*, Diplôme Universitaire de Médecine Méditation et Neurosciences", Mont St. Odile, Frankreich (online), Mai 2025
57. ReConnect Workshop, Lufthansa, Seeheim, Mai 2025
56. ReConnect Compassion Journey, Berlin, März 2025
55. Workshop, PCM Symposium, Berlin, September 2024
54. Workshop, Tage der Dankbarkeit, Europakloster Gut Aich, Österreich, August 2024
53. Workshop, Tanz mit der Stille, Freiburg, Juni 2024

52. Workshop, MBSR-Ausbildung, Berlin, März 2024
51. Masterclass Reconnect to Society, St. Arbogast, Österreich, Februar 2024
50. *How to train the Social Brain - The Neuroscience of Empathy, Compassion Caring Systems*, Diplôme Universitaire de Médecine Méditation et Neurosciences", Mont St. Odile, Frankreich (online), Januar 2024
49. Workshop, World's Meeting of Values, Monterrey, Mexiko, Oktober 2023
48. Lecture, VW, (online) Juli 2023
47. *ReConnect for Healthcare Masterclass "Burnout or Resilience? From Empathic Distress to Compassion"* Diplôme Universitaire de Médecine Méditation et Neurosciences", Mont St. Odile, Frankreich, Juni 2023
46. Lecture Universität Witten-Herdecke, (online) Juni 2023
45. Workshop (with Ron Siegel), 34 Boston Trauma Conference, Boston, USA, Mai 2023
44. Lecture, Rekhi Foundation, Delhi, Indien (online), März 2023
43. Mindfulness-Salon, MBSR Society, Berlin (online), Januar 2023
42. *The Neuroscience of Empathy, Compassion and its Placticity: Lessons from the ReSource and CovSocial Project*, Diplôme Universitaire de Médecine Méditation et Neurosciences", Mont St. Odile, Frankreich (online), Januar 2023
41. Workshop, MBSR Education, Berlin, November 2022
40. Lecture, AchtSam Universität Salzburg, Österreich (online), November 2022
39. Workshop, Mount Madonna Center, Watsonville, USA, Juni 2022
38. Workshop (with Ron Siegel), 33 Boston Trauma Conference, Boston, USA, Mai 2022
37. Masterclass Reconnect to Society, Schloss Neuhausen, März 2022
36. Lecture, AchtSam Universität Salzburg, Österreich (online), November 2021
35. Workshop, Emerge Gathering, Berlin, Oktober 2021
34. *ReConnect for Healthcare Masterclass "Burnout or Resilience? From Empathic Distress to Compassion"* Diplôme Universitaire de Médecine Méditation et Neurosciences", Mont St. Odile, Frankreich, Juli 2021
33. *The Neuroscience and Spiritual Practice of Love and Compassion in Service of a More Caring Society*, Spirit of Humanity Forum, Berlin, Juni 2021
32. *The Neuroscience of Empathy, Compassion and Prosociality: Lessons from the ReSource Project*, Diplôme Universitaire de Médecine Méditation et Neurosciences", Mont St. Odile, Frankreich, Januar 2020
31. *Beyond Mindfulness: A Social Neuroscience Perspective on How to Cultivate Mind and Heart*, Cortona Week Summerschool, Todi, Italien, Juli 2019

30. *The Neuroscience of Empathy, Compassion and Prosociality: Lessons from the ReSource Project*, Diplôme Universitaire de Médecine Méditation et Neurosciences", Mont St. Odile, Frankreich, Januar 2019
29. *Plasticity of the Social Brain: Effects of a One-year Mental Training Study on Social Connectedness, Compassion, Theory of Mind, Social Stress and the Body*, Mind & Life Summer Research Institute Garrison Institute, Garrison, New York, USA, Juni 2017
28. *Lessons from the ReSource Project: Effects of a One-Year Mental Training on Brain Plasticity, Compassion, Perspective Taking, Attention, Stress, Interoception and Prosocial Behavior*, Oxford Mindfulness Center, Oxford, UK, Februar 2017
27. *Lessons from the ReSource Project: How can we get from the cultivation of consciousness, brain, and behavior to a more caring society?* European ReSearch Summer School (ESRI), Chiemsee, August 2015
26. *When socio-affective neurosciences meets decision sciences: The puzzle of understanding and cooperating with others*, Humboldt Universität and Berlin School of Mind and Brain School, Berlin, Winter 2014-2015
25. Mini-course (graduate level), Department of Economics, Universität Zürich, Schweiz, Winter 2014-2015
24. *Integrating First- and Third-Person Perspective in Contemplative Neuroscience: Examples and Challenges* European Research Summer School (ESRI), Chiemsee, August 2014
23. *Empathie – Wie kann sich der Mensch mental und emotional in andere hineinversetzen?* Ringvorlesung „Miteinander – Füreinander? Sozialverhalten von Menschen und Affen“, Georg August Universität Göttingen, Winter 2011-2012
22. *Introduction to neuroeconomics and social neuroscience* (undergraduate level), Universität Zürich, Schweiz (with Grit Hein, Susanne Leiberg, Nikolaus Steinbeis), Sommer 2010
21. *Foundations of human social behavior* (post-graduate level), Universität Zürich, Schweiz (with Ernst Fehr, Klaas Enno Stephan), Sommer 2010
20. *Introduction to Neuroeconomics and Social Neuroscience* (undergraduate level) Universität Zürich (with Grit Hein, Susanne Leiberg, Nikolaus Steinbeis), Winter 2009
19. *Social Neuroscience* (graduate level), Universität Zürich, Schweiz, Winter 2009
18. *Frontiers in social neuroscience and neuroeconomics* (post-graduate level) Universität Zürich, Schweiz (with Ernst Fehr, Klaas Enno Stephan), Winter 2009
17. *Foundations of human social behavior* (post-graduate level), Universität Zürich (with Ernst Fehr, Markus Heinrichs, Klaas Enno Stephan), Winter 2009
16. 3rd Cargèse Summer School on Consciousness (*Self-consciousness and Consciousness of others*), Institut d'Etudes Scientifiques de Cargèse, Corsica, Frankreich, Mai 2009
15. *Social Neuroscience* (graduate level), Universität Zürich, Schweiz (with Olga Klimecki, Romana Snozzi), Sommer 2009

14. *Foundations of human social behavior* (post-graduate level), Universität Zürich (with Ernst Fehr, Markus Heinrichs, Klaas Enno Stephan), Sommer 2009
13. *Social Neuroscience* (graduate level), Universität Zürich, Schweiz, Winter 2008
12. *Frontiers in social neuroscience and neuroeconomics* (post-graduate level), Universität Zürich (with Ernst Fehr, Markus Heinrichs, Klaas Enno Stephan), Winter 2008
11. *Foundations of human social behavior* (post-graduate level), Universität Zürich (with Ernst Fehr, Markus Heinrichs, Klaas Enno Stephan), Winter 2008
10. Mind & Life Summer Research Institute, Garrison Institute, Garrison, New York, USA, Juni 2008
9. *Social Neuroscience* (graduate level), Universität Zürich, Schweiz, Sommer 2008
8. *Foundations of human social behavior* (post-graduate level), Universität Zürich (with Ernst Fehr, Markus Heinrichs, Klaas Enno Stephan), Sommer 2008
7. *Social Neuroscience* (graduate level), Universität Zürich, Schweiz, Winter 2007
6. *Foundations of human social behavior* (post-graduate level), Universität Zürich (with Ernst Fehr, Markus Heinrichs), Winter 2007
5. MRC/CSHL Summer Workshop "*The biology of social cognition*", St. Anne's College, University of Oxford, United Kingdom, Juli 2007
4. 5th European Neuro-IT and Neuroengineering School "*Cognition & Action*", Hanse Institute for Advanced Study (HWK), Delmenhors, Juli 2007
3. *Social Neuroscience* (graduate level), Universität Zürich, Schweiz, Sommer 2007
2. *Foundations of human social behavior* (post-graduate level), Universität Zürich, Schweiz (with Ernst Fehr, Markus Heinrichs, and Michael Kosfeld), Sommer 2007
1. PENS-Hertie Winter School "*Brain basis of social interaction: From concepts to imaging*", Kitzbühl, Österreich, Dezember 2006